





Introduction to Epigenetics for Radiation Protectionists

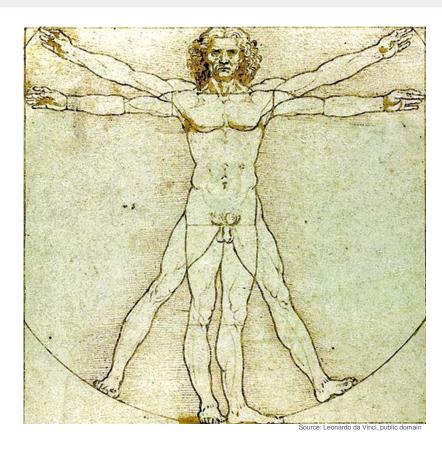
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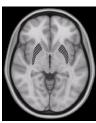
The human body







- more than 200 cell types
- all have +/- the same genetic information
- about 20 000 protein coding genes



Source: Woutergroen, public domair



Source: HC Carter, public domain



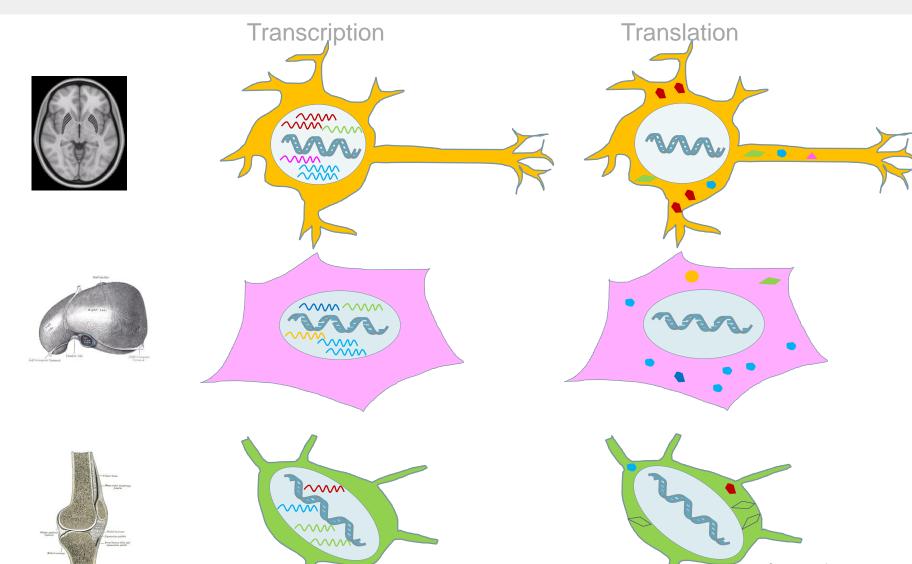
Source: HC Carter, public domain



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The human body



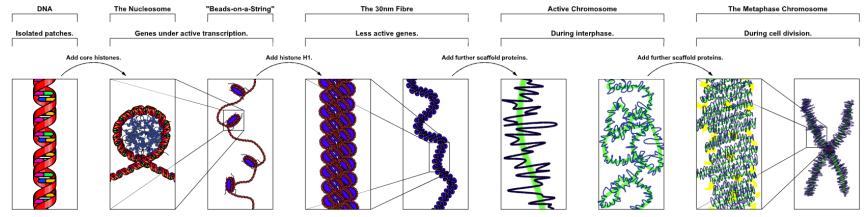




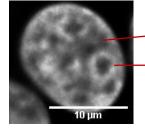


DNA and Chromatin





Source: R Wheeler, GNU Free Documentation License



Euchromatin: Transcription ON

Heterochromatin: Transcription OFF

Source: own art-work

Human breast cancer cell, stained with DAPI





Epigenetics



Def. 1942: "changes in phenotype without changes in genotype"

Def. 2001: "the study of changes in gene function that are mitotically and/or meiotically heritable and that do not entail change in DNA sequence."

Epigenetics

- -determination of cell type
- -transmitted to daughter cells
- -apparently quite stable
- -alterations affect cell function and can result in disease (e.g. cancer)

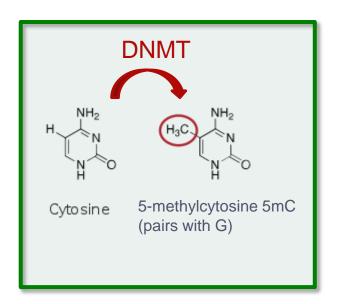
- -ensuring cell plasticity
- -responds to alterations in cell environment
- -reversible: writers and erasers
- -but also transmittable to daughter cells





DNA Methylation





DNA methyltransferases (DNMTs)

- de novo methylation of unmethylated sequence or maintenance methylation at hemimethylated sequence (after replication)
- -predominantly at **CpG** dinucleotides



DNA methylation is mostly associated with repression of transcription / silencing of genes.

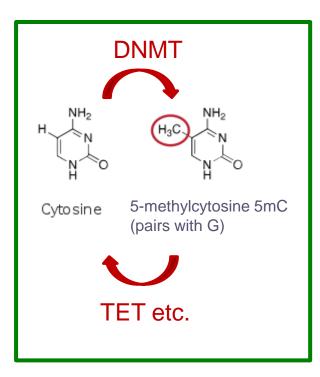
Inappropriate silencing of genes can cause diseases: e.g.: silencing to tumor suppressor genes may lead to cancer





DNA Demethylation





TET enzymes

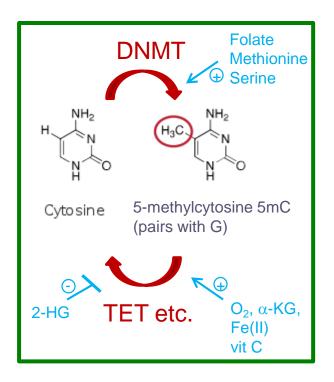
- oxidize 5mC to form 5hmC, 5fC, 5caC
- these are not recognized by maintenance DNMT (dilution of methylation mark after replication)
- 5fC, 5caC are actively removed by "repair process"





DNA (De)-Methylation





DNA Methylation and Demethylation respond to metabolic alterations

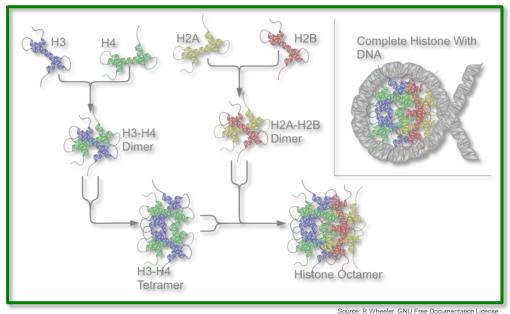


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Histone modifications





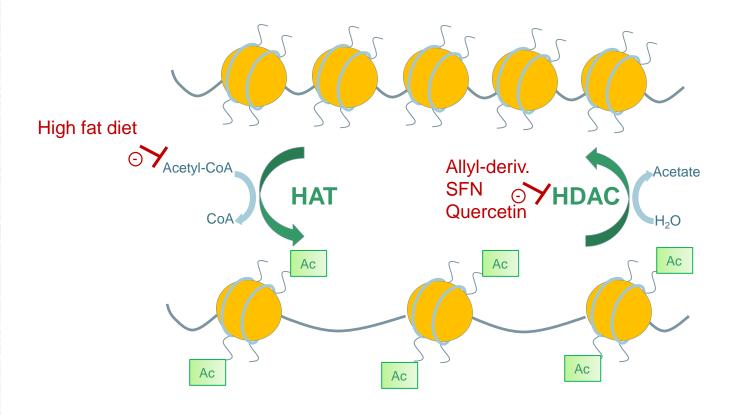
= nucleosome





Histone Acetylation





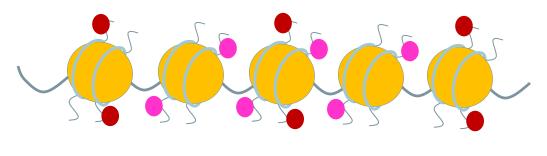
HAT = Histone Acetyl Transferase HDAC = Histone Deacetylase





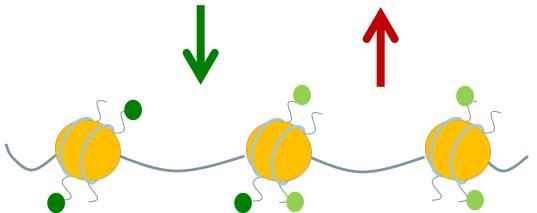
Histone Methylation







Repressive marks e.g. H3K9me3, H3K27me3





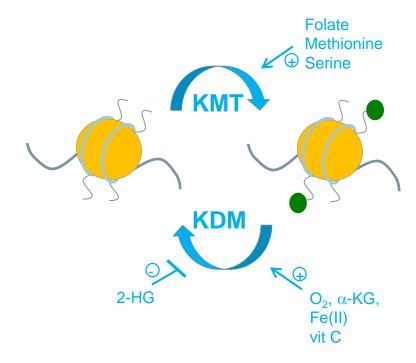
Active marks e.g. H3K4me3, H3K36me3





Histone Methylation





KMT = Lysine Methyl Transferase

KDM = Lysine Demethylase





Other types of "epigenetic" regulation



The differentiation of epigenetic processes from other processes affecting gene expression is sometimes difficult (depending on the definition...). The following mechanisms have been addressed as "epigenetic":

- Histone variants, chromatin remodeling, chromatin folding
- non-coding RNAs or long non-coding RNAs





Interaction model



Epigenetic pattern

Disease

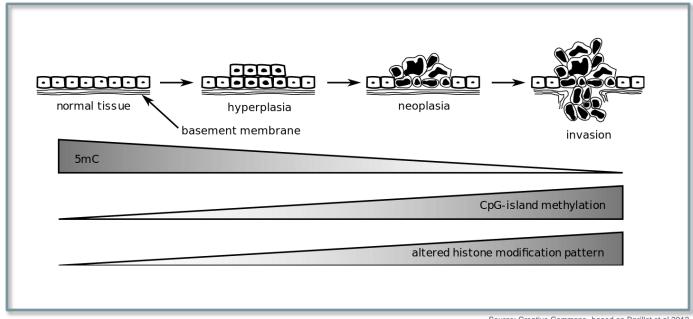
Cancer
Aging
Neurological Dysfunction
Cognitive Dysfunction
Behavioural/ Social Dysfunction
Metabolic Syndrome/ Diabetes
Cardiovascular Disease
Inflammatory Rheumatic Disease





Cancer as an epigenetic disease





Source: Creative Commons, based on Barillot et al 2012

EMA- and/or FDA-approved epigenetic drugs:

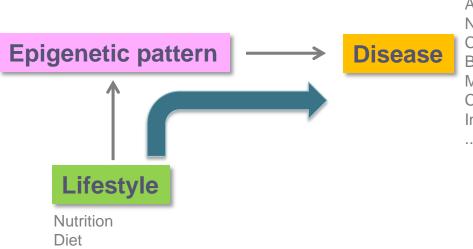
- DNA methylation inhibitors for AML and MDS
- Histone Deacetylase Inhibitors for Lymphomas and Multiple Myeloma





Interaction model





Physical activity

Stress Trauma Cancer
Aging
Neurological Dysfunction
Cognitive Dysfunction
Behavioural/ Social Dysfunction
Metabolic Syndrome/ Diabetes
Cardiovascular Disease
Inflammatory Rheumatic Disease

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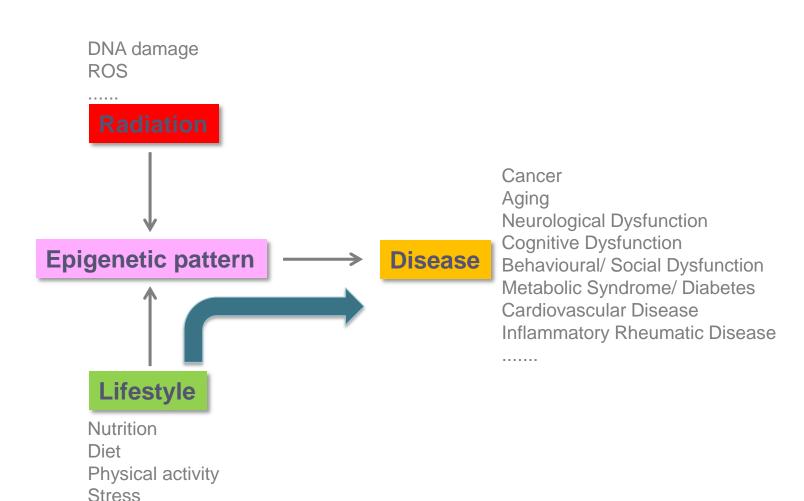


Trauma

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Interaction model









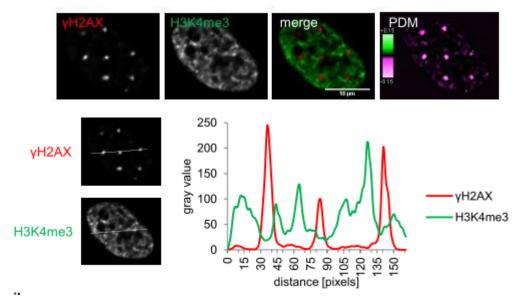
Radiation-induced alterations



Radiation-induced long-term alterations of epigenetic patterns:

1. Left-over from repair (infrequent, at former damage site, random distribution

e.g. exclusion of H3K4me3 at g-H2AX foci (Seiler et al. 2011, Penterling et al. 2016)







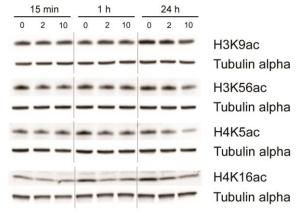
Radiation-induced alterations

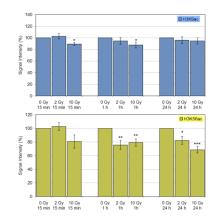


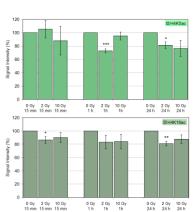
Radiation-induced long-term alterations of epigenetic patterns:

- 1. Left-over from repair (infrequent, at former damage site, random distribution
- 2. Left-over from transciptional response (infrequent, at radiation-responsive genes)
- 3. Result from radiation-induced alteration in enzyme activity, availability of cofactors or metabolism (frequent, gobal reponse, random distribution)

e.g. global loss of histone acetyl marks (Maroschik et al. 2014)









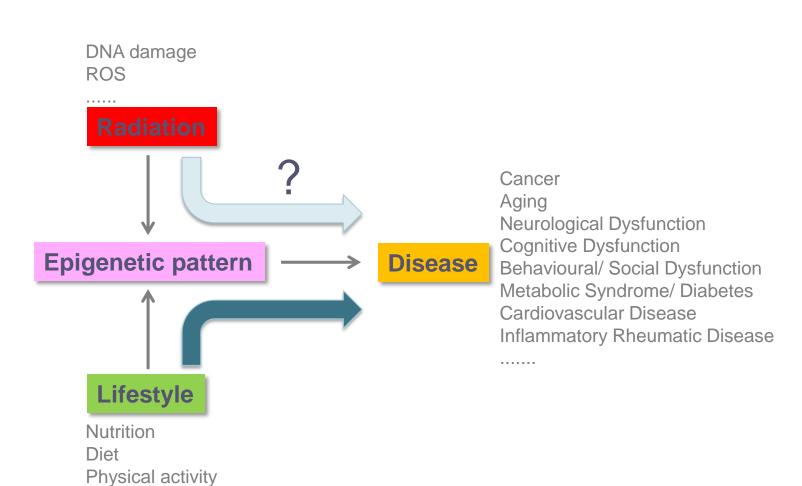


Stress Trauma

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Interaction model









Conclusion



- -Radiation-induced alterations in epigenetic patterns may lead to dysfunction and disease (in addition to genetic alterations)
- -So far, little is known about dose-effect relationship and factors moderating the effects
- -Lifestyle factors or therapeutical agents affecting epigenetic patterns may modulate the radiation response
- -Low-level intervention by altering lifestyle factors may become a valuable strategy to reduce or reverse radiation-iduced epigenetic alterations