# RADIATION PROTECTION ISSUES IN MODERN EXTERNAL BEAM RADIOTHERAPY FLASH THERAPY

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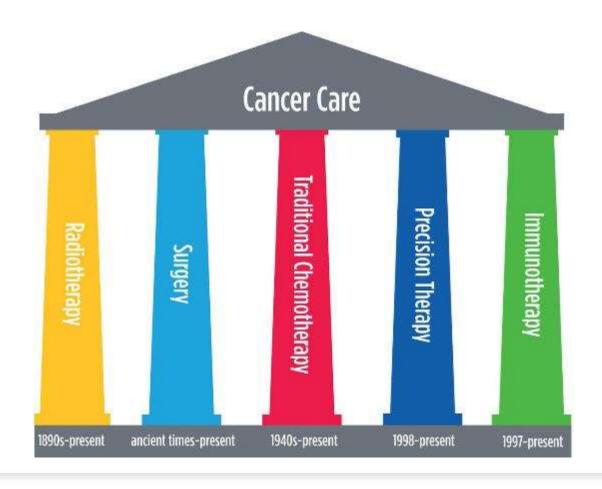
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## PILARS OF CANCER CARE







## FLASH RADIOTHERAPY IRRADIATION AT ULTRA HIGH DOSE RATE (UHDR)

**Balistic advantage** 

Radiobiological advantage

Freeze motion

THE FLASH EFFECT





## DIFFERENCES BETWEEN FLASH AND CONVENTIONAL RT

	Conv	Flash
Dose per pulse (Gy) d	mGy	Gy
Total dose (Gy) D=nd (n=number of pulses)	2-8Gx/fr 60-90 Gy	8 Gy in 1 fr
Delivery time T (n(	>1min	<200 msec
Mean dose rate D/T	1Gy/min	>40Gy/sec
Duty cycle DT	0.1	-50%

CONV: 1Gy/min 0.017Gy/sec

FLASH: 60Gy/sec

=X 3500 quicker





## **SOME CONTEXT**

Jen Jen	12	9	6	3	2	1	0	-1	-2	-3	-6	-9	- 12
exponent	1012	109	106	103	10 <sup>2</sup>	101	100=1	10-1	10-2	10-3	10-6	10-9	10-12
pvefix	teva	giga	mega	Kilo	hecto	deca	BASE	deci	centi	mili	micro	nano	pico
pve	T	6	W	K	h	da	טפוןט	d	С	m	м	n	р

conv

protons

electrons

**VHEE** 









P Montay-Gruel

## "FLASH-RT deliveres radiation at ultra-high dose rates with specific beam parameters able to effectively treat tumors without inducing adverse toxicity within the surrounding normal tissues"

### in vivo observation!

1 – implements extremely **FAST** -Ultra-high dose rate (UHDR) irradiation

> **Defined beam** parameters

2 – does not induce classical radiation induced toxicity in normal tissue

> 45 publications

3 – retains **antitumor** efficacy compared to standard RT

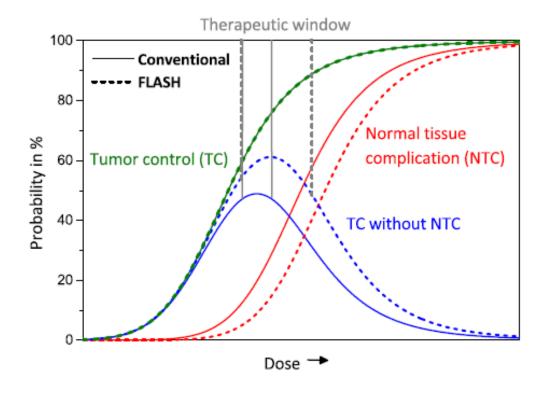
> 18 publications

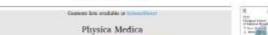
"FLASH EFFECT"





## FLASH DOES ENHANCE THE THERAPEUTIC WINDOW





Physics beeting to community-in-

outlet barriage or

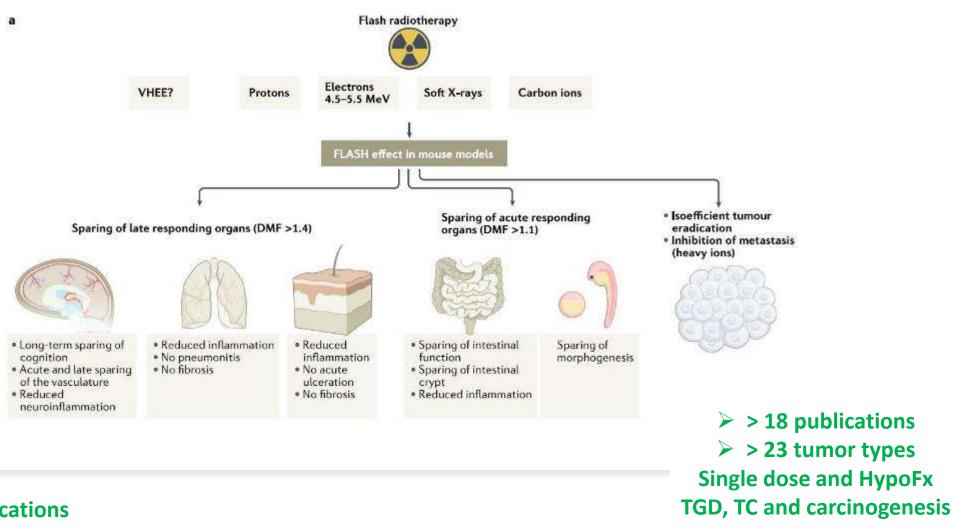
The European Joint Research Project UHDpulse – Metrology for advanced radiotherapy using particle beams with ultra-high pulse dose rates

Andreas Schiller\*\*, Sophie Heinrich\*, Charles Fouillade\*, Anna Sabiel\*, Ludovic De Marzi\*\*\*, Francesco Romano\*\*, Peter Peier\*, Maria Trachnel\*, Caleste Hora\*, Rafael Kranzer\*\*, Marco Caresana\*, Samuel Salvadoz\*, Simos Basold\*, Andreas Schöufedi\*\*, Malcoin McEwen\*, Fassitino Gomez\*, Jaroslav Solc\*, Claude Bailat\*, Vladimir Linhurt\*, Jan Jakubel\*, McCe Pawelke\*\*, Marco Borghest\*, Ralf-Peter Rapach\*, Adrian Knyziak\*, Alberto Boso\*, Veronika Oksovrova\*, Christian Kortler\*, Daniela Poppinge\*, Iva Andemova\*, Christian Kortler\*, Daniela Poppinge\*, Iva Andemova\*, Christian Kortler\*, Seviniae Rossomme\*, Marie-Corbeines Vozenin\*





## **VALIDATION OF FLASH BEAMS**



> 45 publications Single dose, HypoFx, Standard fx

Chabi et al. study show Rr to FLASH

### THRESHOLD FOR FLASH EFFECT

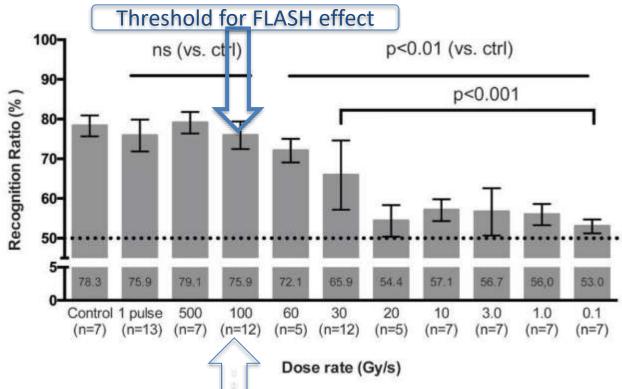


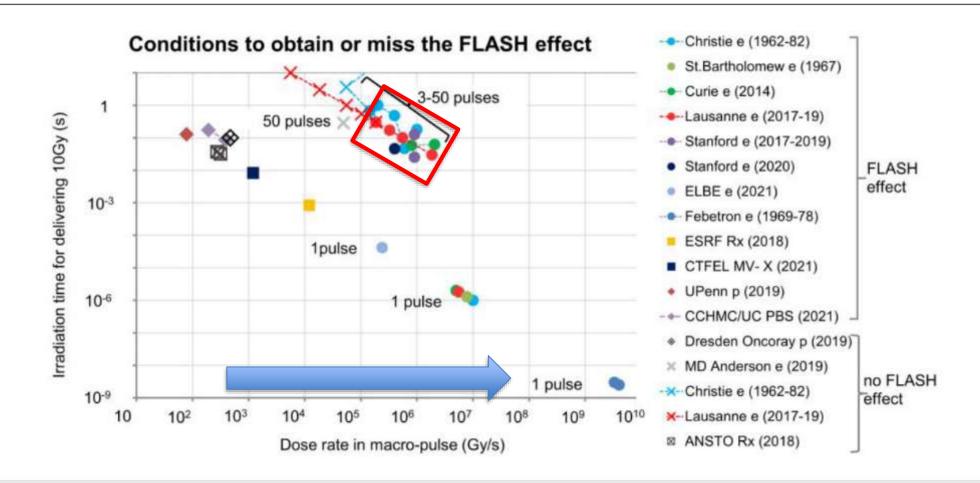
Figure 5: From [39], neuroprotection demonstrated by the evaluation of the Recognition Ratio (RR) two months post irradiation for groups of mice (n=number of mice) that received 0 Gy (Control) and 10 Gy whole brain irradiation with an average dose rate of 0.1, 1.0, 3, 10, 20, 30, 60, 100, or 500 Gy/s, or with a single 1.8 µs electron pulse (1 pulse). Bars represent mean values and whiskers the standard deviations. Dose rates above 60 Gy/s or delivery times < 167 ms were required for maximum neuroprotection at a dose of 10 Gy in this model.





### CONDITIONS TO OBTAIN OR MISS THE FLASH EFFECT



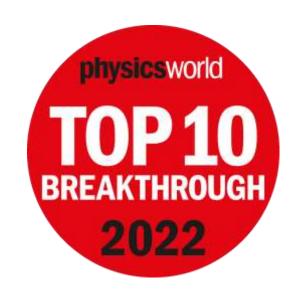


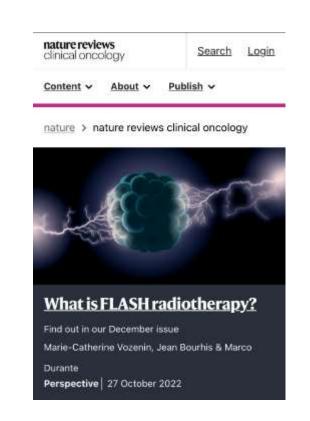




## GREAT INTEREST FROM BOTH THE PHYSICS AND MEDICAL COMMUNITY











## **LEADING TO A FLASH- COMMUNITY**







## PRECLINICAL EVIDENCE: FEASIBILITY AND MECHANISTIC EVIDENCE





## NORMAL TISSUE SPARING: FLASH-RT DOES NOT INDUCE NORMAL TISSUE TOXICITY, WHEN CONV-RT DOES

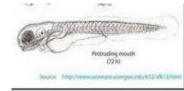


#### **Electron**

Chabi et al. IJROBP, in press
Montay-Gruel et al. Rad Res, in press
Allen et al. Rad Res, in press
Alaghban et al. Cancers, in press
Bourhis J et al. Radiother Oncol. 2019.
Jorge PG et al. Radiother Oncol. 2019 Oct.
Montay-Gruel P et al. Proc Natl Acad Sci U S A. 2019.
Vozenin et al. Clin Can Res, 2019.
Montay-Gruel P et al. Radiother&Oncol., 2017.
Jaccard M et al. Med Phys, 2018.
Favaudon V et al. Sci Transl Med. 2014.

#### X-ray-synchrotron

Montay-Gruel P et al. Radiother&Oncol. 2018.



Skin Gut Lung HS Brain



#### **Electron**

Soto et al. **Rad Res**, 2020. Fouillade C et al. **CCR**, 2019. Simmons et al. **Radiother Oncol.** 2019. Loo B et al. **IJROBP**, 2017, abst. Hendry et al. **Rad Res**, 1982.

#### Proton

Zhang et al. **Rad Res**, 2020. Diffenderfer et al. **IJROBP**, 2020. Girdhani et al. **Can Res**, 2019, abst. X -ray synchrotron Smyth et al. Sci Rep, 2018.

#### **Proton**

Beyreuther et al. Radiother Oncol. 2019.

#### Electron

Venkatesulu at al. Sc Rep, 2019.





## AND FLASH-RT IS EQUALLY ABLE TO ERADICATE TUMORS COMPARED TO CONV-RT

#### Ultrahigh dose-rate FLASH irradiation increases the differential response between normal and tumor tissue in mice

Vincent Favaudon, <sup>1,2</sup>\* Laura Caplier, <sup>1†</sup> Virginie Monceau, <sup>4,5†</sup> Frédéric Pouzoulet, <sup>1,25</sup> Mano Sayarath, <sup>1,21</sup> Charles Fouillade, <sup>1,2</sup> Marie-France Poupon, <sup>1,2†</sup> Isabel Brito, <sup>6,7</sup> Philippe Hupé, <sup>6,7,8,9</sup> Jean Bourhis, <sup>6,3,10</sup> Janet Hall, <sup>1,2</sup> Jean-Jacques Fontaine, <sup>5</sup> Marie-Catherine Vozenin <sup>6,5,10,11</sup>

#### **Electron**

Chabi et al. IJROBP, 2020. Montay-Gruel P et al. CCR, 2020. Bourhis J et al. Radiother Oncol. 2019. Jorge PG et al. Radiother Oncol. 2019. Favaudon V et al. Sci Transl Med. 2014.

#### Electron

Kim et al. IJROBP, 2020

#### **Proton**

Diffenderfer et al. IJROBP, 2020. Girdhani et al. Can Res, 2019, abst.

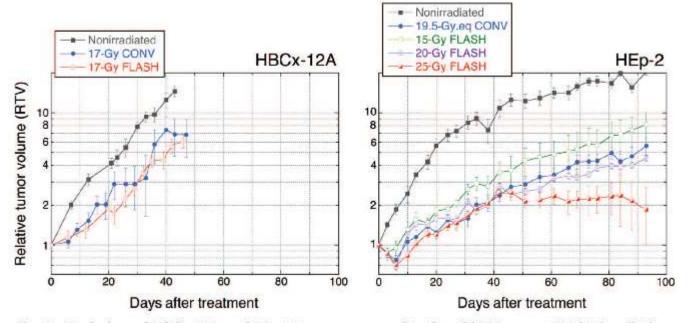


Fig. 3. Evolution of HBCx-12A and HEp-2 tumor xenografts after CONV versus FLASH irradiation.

www.ScienceTranslationalMedicine.org 16 July 2014 Vol 6 Issue 245 245ra93





## FLASH PROTECTIVE EFFECT ON NORMAL TISSUES

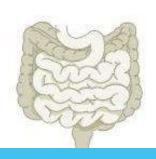
### Sparing of late responding organs (DMF >1.4)

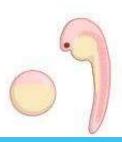






Sparing of acute responding organs (DMF >1.1)

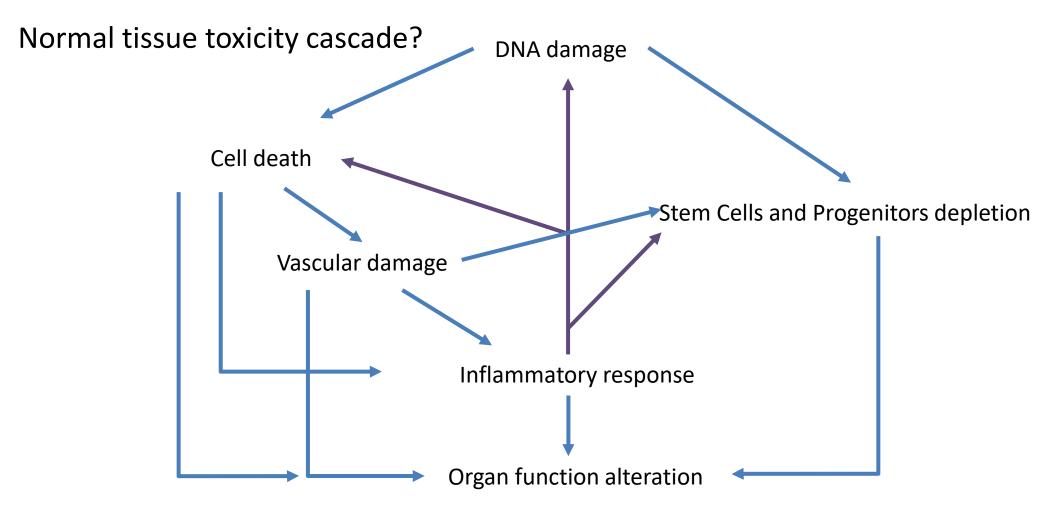








## Where does FLASH make a difference?



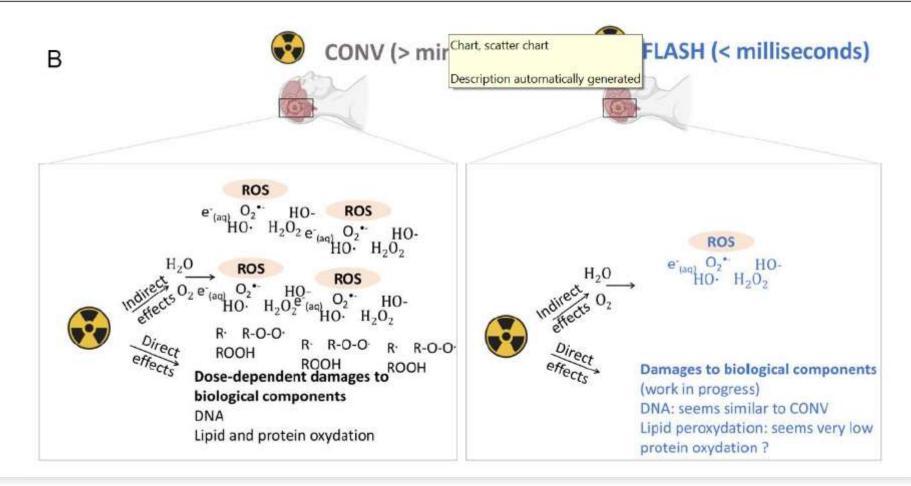
Pierre Montay-Gruel, PhD





## UP TO THE MICROSECOND: MOLECULAR RESPONSE

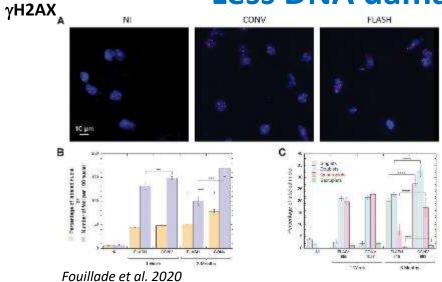


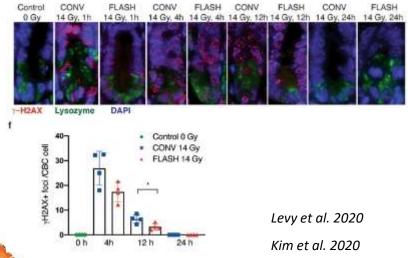


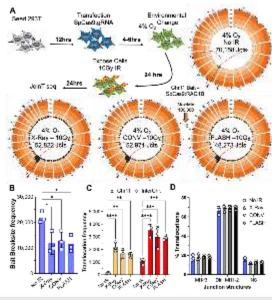




## Less DNA damage BUT NOT THE MOST SIGNIFICANT EVENT







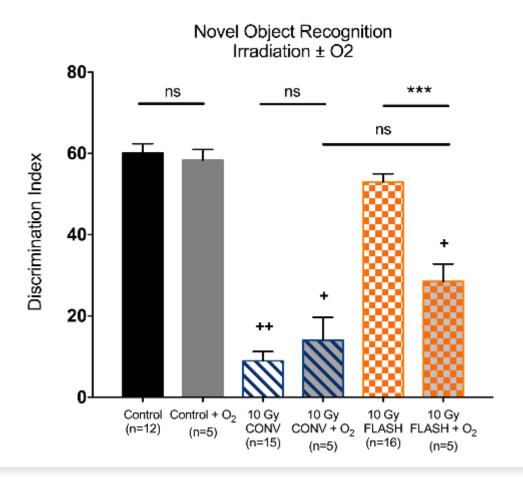
NO!

Barghouth et al., RO, 2023





## DOUBLING BRAIN PO2 REVERSES FLASH EFFECT









J Ollivier B Petit

3 Petit P Montay-Gruel

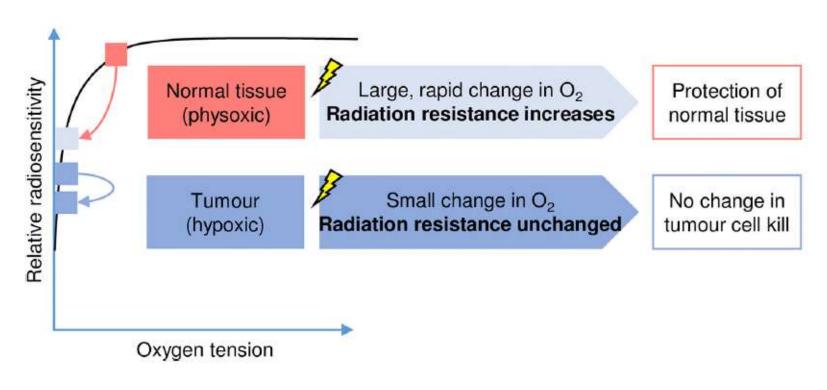
Montay-Gruel et al. 2019





## HYPOTHESIS THAT THE PRIMARY MECHANISM IS OXYGEN DEPLETION

## Radiolytic oxygen depletion?



Normal tissue becomes hypoxic - > more radioresistant

Wilson et al., Front in Oncol, 2020





## MEASUREMENTS DO NOT SUPPORT ANY RADIOLYTIC OXYGEN DEPLETION AT 10 GY FLASH



#### **Biology Contribution**

#### Quantification of Oxygen Depletion During FLASH Irradiation In Vitro and In Vivo



Xu Cao, PhD, \*\*<sup>1,1</sup> Rongxiao Zhang, PhD, \*\*<sup>1,8,1</sup>
Tatiana V. Esipova, PhD, \*\* Srinivasa Rao Allu, PhD, \*\*
Ramish Ashraf, BS, \* Mahbubur Rahman, BS, \* Jason R. Gunn, BS, \*
Petr Bruza, PhD, \* David J. Gladstone, ScD, \*\*<sup>1,8</sup>
Benjamin B. Williams, PhD, \*\*<sup>1,8</sup> Harold M. Swartz, MD, MSPH, PhD, \*\*<sup>1,8</sup>
P. Jack Hoopes, DVM, PhD, \*\*<sup>1,8</sup> Sergei A. Vinogradov, PhD, \*\*\* and Brian W. Poque, PhD \*\*<sup>1,8</sup>

### FLASH-RT Results in Insignificant 02 Depletion

### Does FLASH deplete oxygen? Experimental evaluation for photons, protons, and carbon ions

#### Jeannette Jansen and Jan Knoll

Division of Biomedical Physics in Radiation Oncology, German Cancer Research Center (DKFZ), Heidelberg, Germany Faculty of Physics and Astronomy, Ruprecht-Karls-University, Heidelberg, Germany

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#### Stephan Brons

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#### Inan Secola)

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(Received 20 December 2020; revised 1 March 2021; accepted for publication 6 April 2021; published 27 May 2021)

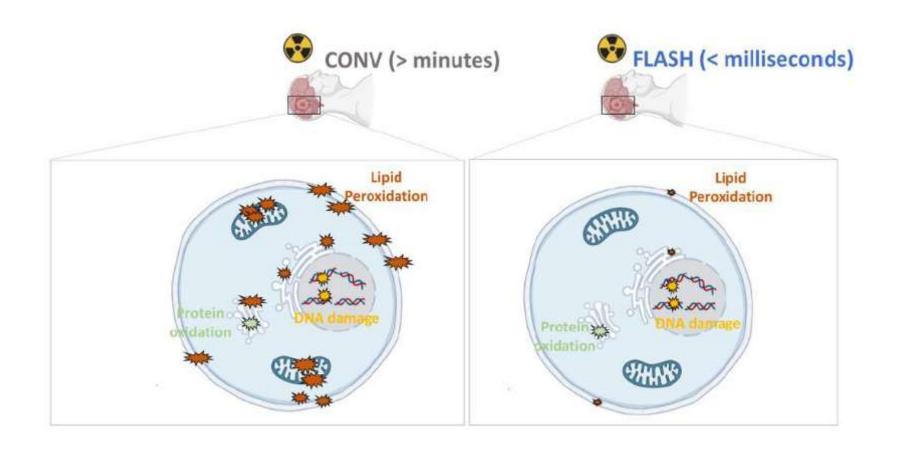
Conclusions: FLASH irradiation does consume oxygen, but not enough to deplete all the oxygen present. For higher dose rates, less oxygen was consumed than at standard radiotherapy dose rates. No total depletion was found for any of the analyzed radiation types for 10 Gy dose delivery using FLASH. © 2021 The Authors. Medical Physics published by Wiley Periodicals LLC on behalf of





## FROM MILLISECOND TO MINUTES: CELLULAR RESPONSE

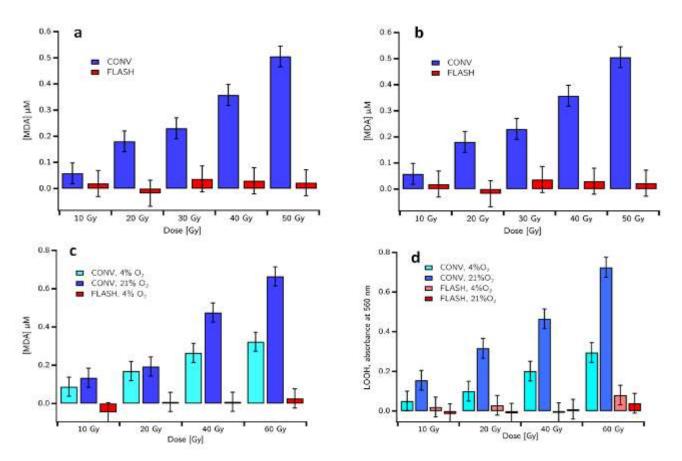




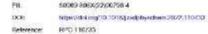




## FLASH AND CONV-RT EFFECTS ON LIPID PEROXYDATION





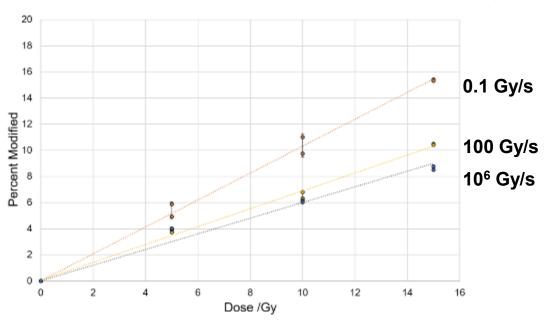


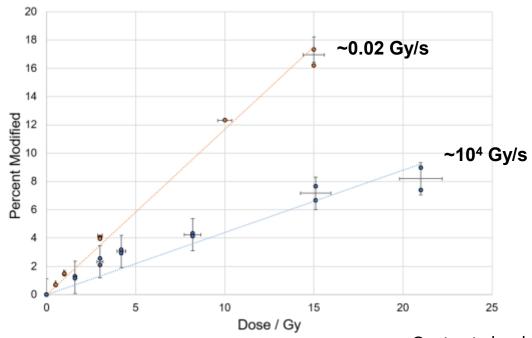


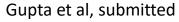


### FLASH AND CONV-RT EFFECTS ON PROTEIN PEROXYDATION

### **FKRIVQRIKDFLR** peptide





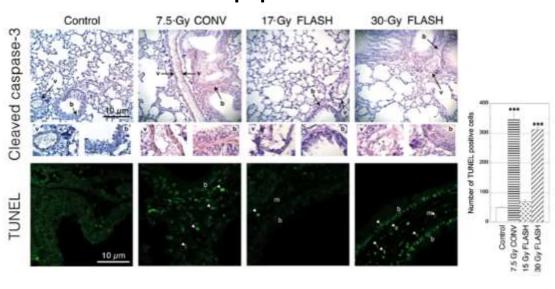






## **Less Apoptosis**

## Less cell death



in the lung

Favaudon et al. 2014 Fouillade et al. 2020

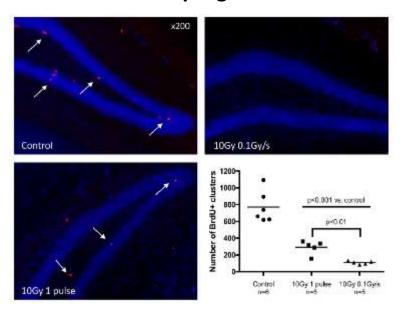
in the gut

Levy et al. 2020

in microvessels of the brain

Allen et al. 2020

### **Preservation of progenitors and stem cells**



in the brain

Montay-Gruel et al. 2017

Montay-Gruel et al. 2018, xRay-FLASH

in the gut

Levy et al. 2017

Diffenderfer et al. 2020. pFLASH:

in the lung

Fouillade et al. 2020

in the hematopoietic system

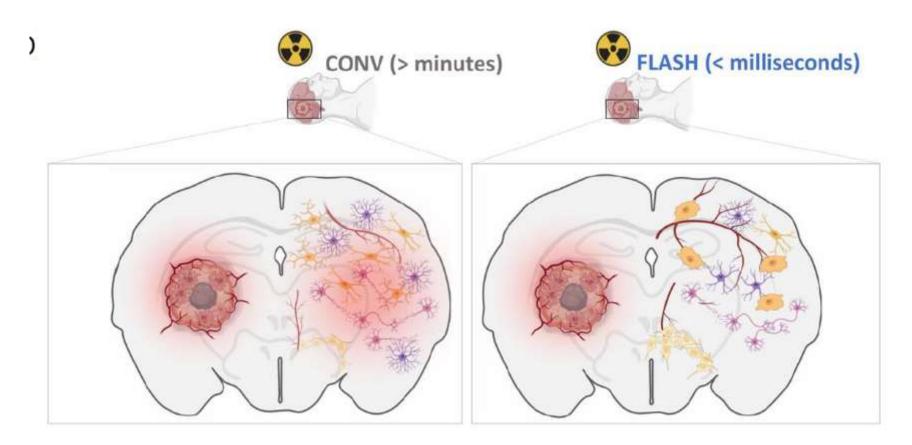
Chabi et al. 2020





## FROM MINUTES TO YEARS: CELL AND TISSUE RESPONSE

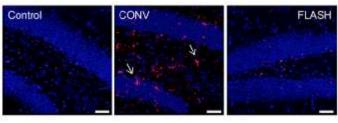


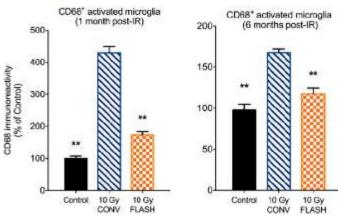






## **Less inflammation**





in the brain

Montay-Gruel et al. 2019 Montay-Gruel et al. 2020 Simmons et al. 2019

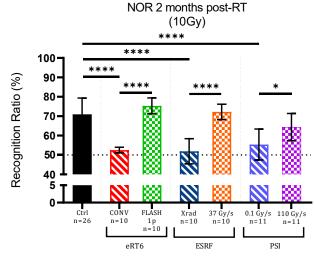
in the lung

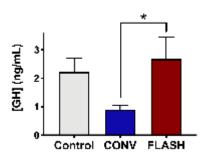
Favaudon et al. 2014

in the skin

Velalopoulou et al. 2021, pFLASH Cunningham et al. 2021, pFLASH

## **Preservation of organ function**





Montay-Gruel et al. 2017 Montay-Gruel et al. 2018 Montay-Gruel et al. 2019 Simmons et al. 2019 Alaghband et al. 2020 Allen et al, 2022 Alaghband et al., 2023 Limoli et al. 2023 Pediatric model





## LESS VASCULAR DAMAGE

FLASH-RT does not induce astrogliosis and reduces DAMPs production FLASH-RT does not induce vessel damages in the brain FLASH-RT does not induce neurocognitive damages in juvenile mice



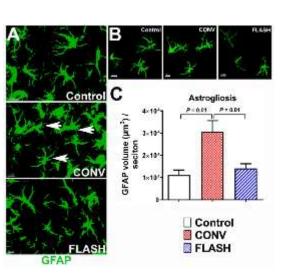




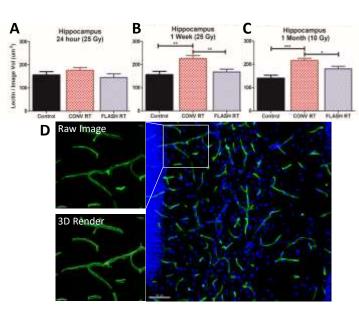




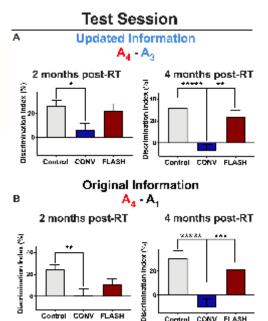
M Acharya J Baulch B Allen Y Alaghband

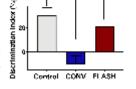


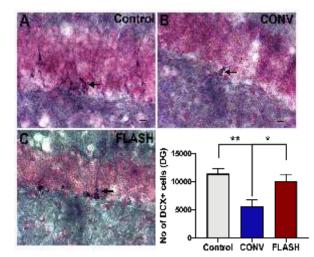
Montay-Gruel et al, Rad Res, 2020



Allen et al, Rad Res, 2020





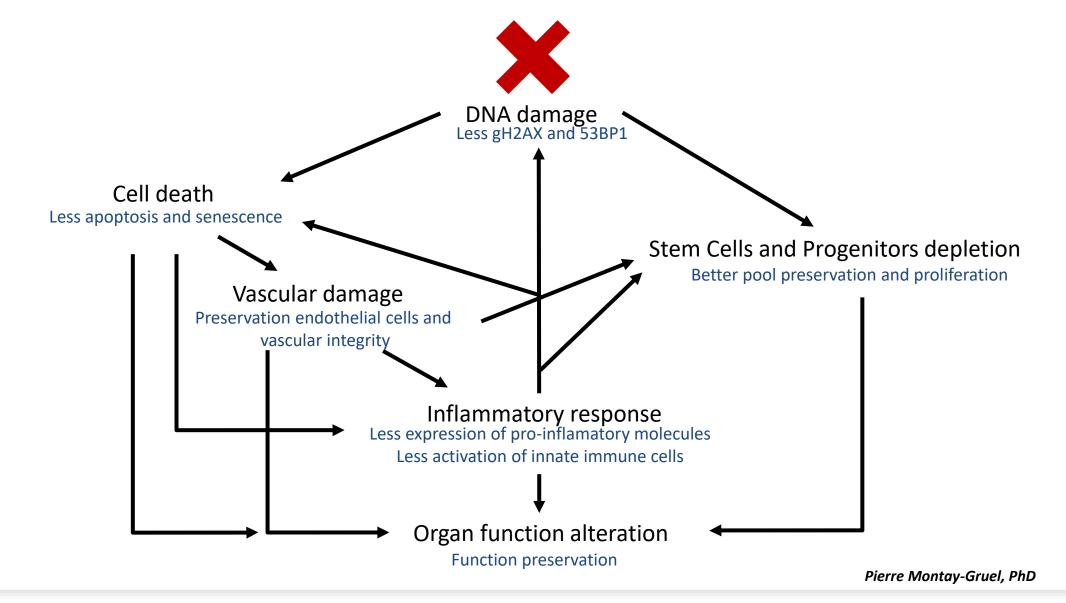


Alaghband et al, Cancers, 2020

w	e doses BRT g. 1, 3)			Ве	am parameters	
Mode	Prescribe d Dose (Gy)	Frequency (Hz)	SSD (mm)	Pulse width (µs)	Number of pulses	Treatment time (s)
CONV	10	10	800	1.0	1170-1180	116.9-117.9
FLASH	10	100	369- 370	1.8	1	1.8·10 <sup>-6</sup>

	570400	avana zesani	Been paymeters								
Delivery Mode	Prescribed Dose (Gy)	Graphite application (gas and sociated)	Source-b-euffice colores (FM)	Pales repetitive Prespenta (No)	Pulse werth (ct)	Number of points	Treatment time	Morration rate (Dyn)	Street Laboratory of Character Street		
	DONV	16	Ceuse 217	400	11	16	1170 - 1180	1969-1179	4.00	9.5 + 10*	
	somy.	28	Carcoller (217)	746	10.	1.0	2020	391.6	0.1	8:5 + 101	
	FLASH	:11	Cross 211	969-079	100	.18		1.8 × 10+	0.6 + 10*	8-8 + 10*	
	FLAGR	25	Clessow and	325	100	1.6		1.6 + 101	2.5 = 101	6.5 - 101	

able 1: In	adiation parame	iters.								
		Beam parameters								
Delivery Mode	Prescribed Dose (Gy)	Graphite applicator type and size (mm)	Source-to- surface distance (mm)	Pulse repetition Frequency (Hz)	Pulse width (µs)	Number of pulses	Treatment time	Mean dose rate (Gy/s)	Instantaneous dose rate (Gy/s)	
CONV	8	Semicircular Ø17	798	10	1.0	1033	103.2	0.08	7.7 × 10 <sup>3</sup>	
FLASH	8	Semicircular Ø17	383	100	1.8	1	1.8 × 10 <sup>-6</sup>	4.4 × 10 <sup>6</sup>	4.4 × 10 <sup>6</sup>	







## FLASH EFFECT ON KILLING TUMORS

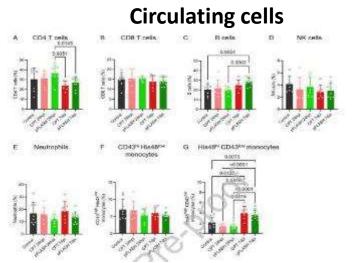
- Isoefficient tumour eradication
- Inhibition of metastasis (heavy ions)

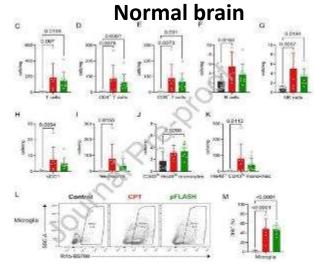






## HYPOTHESIS OF BETTER ANTI-TUMOR IMMUNITY

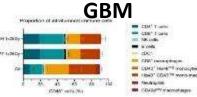




25 Gy pFLASH: 257 ± 2 Gy/s

pConventional: 4 ± 0.02

Gy/s)



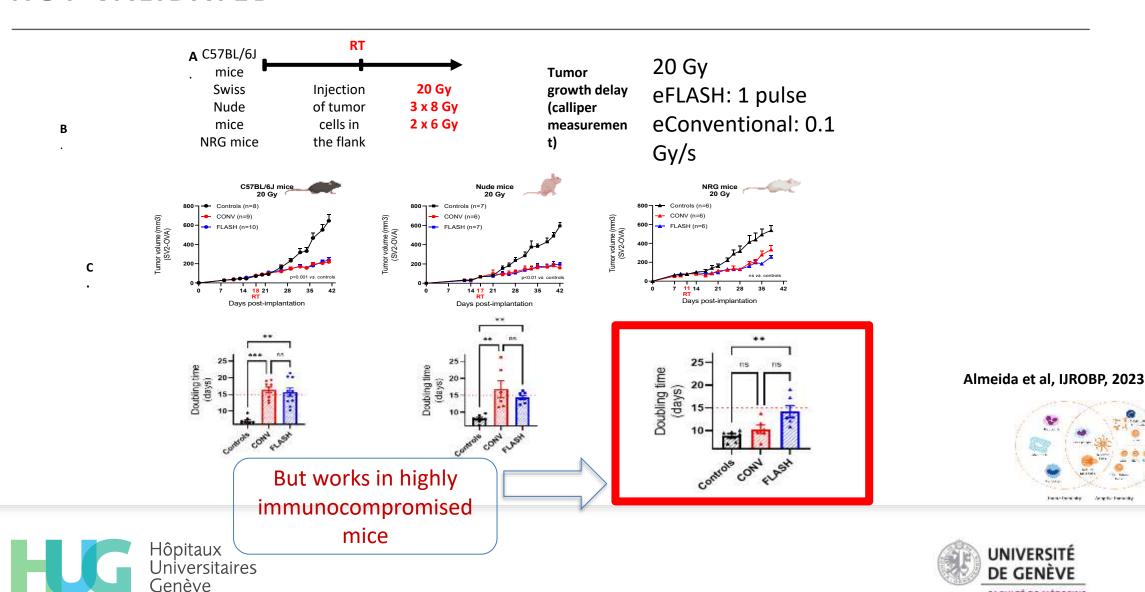
Itturi et al, IJROBP, 2022







## HYPOTHESIS OF BETTER ANTI-TUMOR IMMUNITY: NOT VALIDATED



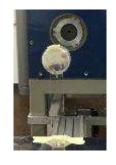
FACULTÉ DE MÉDECINE

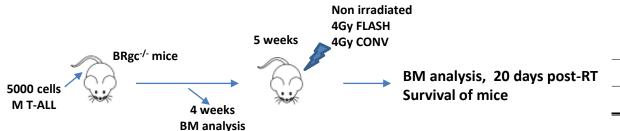
## ALL TUMORS ARE NOT EQUALLY SENSITIVE TO FLASH-RT

## **Human T-ALL with different susceptibility profile to FLASH-RT**

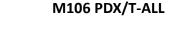


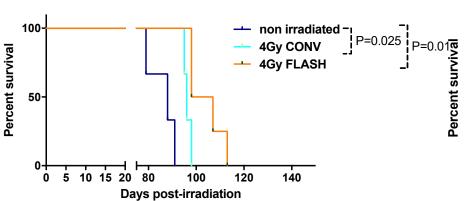




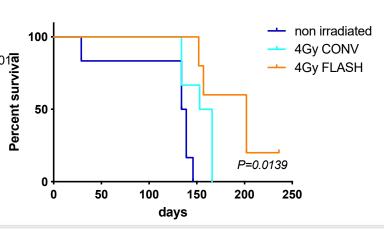


								<b></b>		
		Beam parameters								
Delivery Mode	Prescribed Dose (Gy)	Source-to- surface distance (mm)	Pulse repetition Frequency (Hz)	Pulse width (μs)	Number of pulses	Treatment time (s)	Mean dose rate (Gy/s)	Instantaneous dose rate (Gy/s)		
CONV	4	880	10	1.0	>557	>55.6	<0.072	<7.2 × 10 <sup>3</sup>		
FLASH	4	800	100	1.8	3	0.02	200	7.4 × 10 <sup>5</sup>		

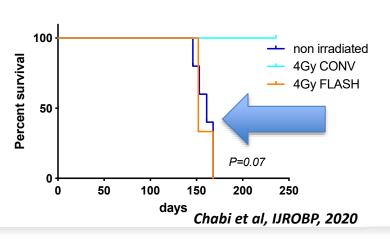








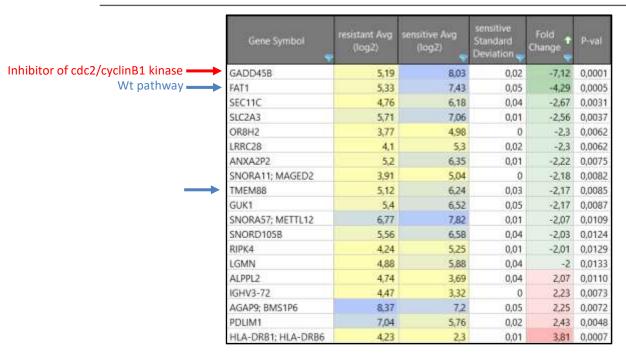
#### M108 PDX/T-ALL

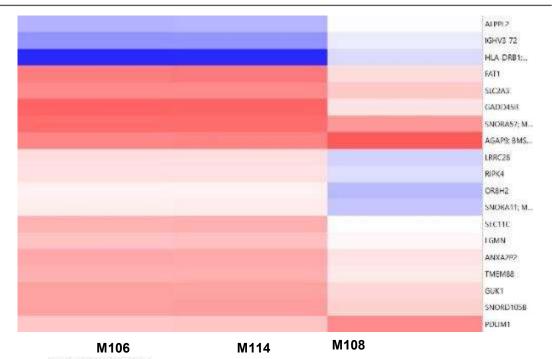






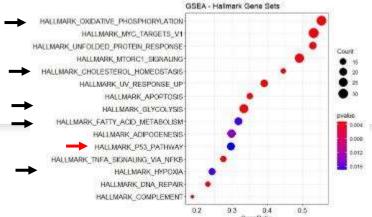
## **BIOMARKERS OF FLASH RADIOSENSITIVITY (TUMORS)**





Metabolic pathways

Hôpitaux Universitaires Genève



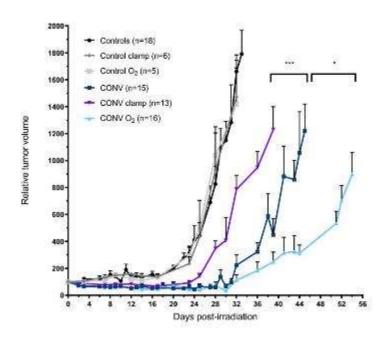
P53 pathway

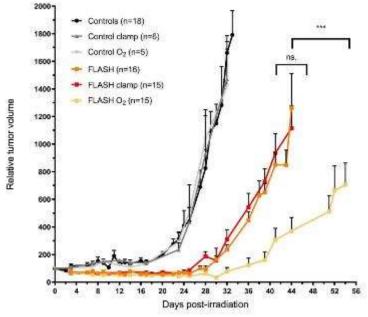


## HYPOXIC TUMORS ARE SENSITIVE TO FLASH RT

#### Title: Hypoxic tumors are sensitive to FLASH radiotherapy

Authors: Ron J. Leavitt<sup>1</sup>, Aymeric Almeida<sup>1</sup>, Veljko Grilj<sup>2</sup>, Pierre Montay-Gruel<sup>1, 3, 4</sup>, Céline Godfroid<sup>1</sup>, Benoit Petit<sup>1</sup>, Claude Bailat<sup>2</sup>, Charles L. Limoli<sup>5</sup>, Marie-Catherine Vozenin<sup>1</sup>\*





Leavitt et al., 2023, BioRxiv





## CLINICAL EVIDENCE





### FIRST PHASE III STUDY IN CAT PATIENTS



C Rohrer

CLINICAL CANCER RESEARCH | TRANSLATIONAL CANCER MECHANISMS AND THERAPY

### Dose- and Volume-Limiting Late Toxicity of FLASH Radiotherapy in Cats with Squamous Cell Carcinoma of the Nasal Planum and in Mini Pigs



Carla Rohrer Bley<sup>1</sup>, Friederike Wolf<sup>1</sup>, Patrik Gonçalves Jorge<sup>2,3,4</sup>, Veljko Grilj<sup>2,3,4</sup>, Ioannis Petridis<sup>2,3</sup>, Benoit Petit<sup>2,3</sup>, Till T. Böhlen<sup>4</sup>, Raphael Moeckli<sup>4</sup>, Charles Limoli<sup>5</sup>, Jean Bourhis<sup>2</sup>, Valeria Meier<sup>1</sup>, and Marie-Catherine Vozenin<sup>2,3</sup>

#### **ABSTRACT**

Background: The FLASH effect is characterized by normal tissue sparing without compromising tumor control. Although demonstrated in various preclinical models, safe translation of FLASH radiotherapy stands to benefit from larger vertebrate animal models. Based on prior results, we designed a randomized phase III trial to investigate the PLASH effect in cat patients with spontaneous tumors. In parallel, the sparing capacity of FLASH-radiotherapy was studied on mini pigs by using large field irradiation.

Methods: Cats with T1-T2, N0 carcinomas of the nasal planom were randomly assigned to two arms of electron irradiation: arm 1 was the standard of care (SoC) and used  $10 \times 4.8$  Gy (90% isodose); arm 2 used  $1 \times 30$  Gy (90% isodose) FLASH. Mini pigs were

irradiated using applicators of increasing size and a single surface dose of 31 Gy FLASII.

Results: In cats, acute side effects were mild and similar in both arms. The trial was prematurely interrupted due to maxillary bone necrosis, which occurred 9 to 15 months after radiotherapy in 3 of 7 cats treated with FLASH-radiotherapy (43%), as compared with 0 of 9 cats treated with SoC. All cats were tumor-free at 1 year in both arms, with one cat progressing later in each arm. In pigs, no acute toxicity was recorded, but severe late skin necrosis occurred in a volume-dependent manner (7–9 months), which later resolved.

Conclusions: The reported outcomes point to the caveats of translating single-high-dose FLASH-radiotherapy and emphasizes the need for caution and further investigations.









## 3 CATS OVER 7 DEVELOPPED OSTEORADIONECROSIS WITHIN 9-15 MONTHS



see eRTS DG1 AC2 6 SSD103p5 G95 C270 dcl350 MJ275.33 (CT 2 Treatment planning) Dose Statistics Clinical goals dose: eRT6\_DG1\_AC2.6\_88D100p5\_G90\_C270\_Cc(756\_M)2075.33 (CT 2 Treatment planning)

Musi, 13 months post FLASH

Hot spots +125% of the dose





### IMPACT OF DOSE AND VOLUME





# **Evaluation of Flash Proton RT in Dogs with Bone Cancer of the Leg**

Aug 8, 2019Osteosarcoma (OSA) is an aggressive cancer that frequently arises in the long bones of large-breed dogs. Current treatment therapies involve amputation with or without chemotherapy, or radiation therapy (RT). However, in dogs receiving radiation therapy, survival time is typically only 2-4 months. Preliminary studies suggest that using a different kind of RT, "flash" proton radiation, may improve treatment by decreasing normal tissue damage while increasing toxicity to tumor cells and may also improve anti-tumor immune responses in the dog.

#### **Inclusion Criteria:**

- •Dogs with newly diagnosed OSA who have received no prior treatment for cancer
- •Dogs with OSA of the leg which is amenable to limb amputation
- •Dogs with no evidence of metastasis at the time of enrollment
- •Owners are willing to pursue amputation at Penn Vet

**Benefits:** Dogs will have a single treatment of flash proton radiation, followed by amputation 5 days later. Biopsies will be taken under anesthesia to evaluate tumor and healthy tissue response to radiation treatment.

The cost of radiation treatment and subsequent amputation surgery will be covered by the study. Clients are responsible for all other costs including initial consultation, pre-surgical diagnostics, and chemotherapy if elected.



# First veterinary patient treated with electron FLASH radiotherapy at a clinical linear accelerator

### Translational and clinical research

**Elise Konradsson**1, Maja L. Arendt2, Kristine Bastholm Jensen3, Betina Borresen2, Crister Ceberg1, Anders E.

Hansen4, Annemarie T. Kristensen2, Per Munck af Rosenschold5, Kristoffer Petersson5, 6

**Introduction:** There is a growing interest in advancing ultra-high dose rate radiotherapy (FLASH-RT) towards clinical studies. However, the availability of accelerators capable of delivering ultra-high dose rates in a clinical setting is still limited. We have initiated a veterinary clinical study of FLASH-RT for clinical canine cancer patients with superficial tumors using the electron beam of our modified clinical linear accelerator. Here we present the treatment of the first patient.

**Methods:** A clinical canine cancer patient diagnosed with a grade 1 soft tissue sarcoma at the right forelimb, with incomplete excision after surgery, was treated with 15 Gy FLASH-RT using a field size of 8x4 cm2 (Figure 1). The irradiation was delivered with a source-to-surface distance of 70 cm. Dosimetric equipment consisted of radiochromic film, an ionization chamber (for relative measurements) and phantom material mimicking the experimental setup for irradiation. *In vivo* dose measurements were performed with film to verify the delivered dose.

**Results:** For the canine patient, the prescribed dose was accurately delivered (14.8 — 0.5 Gy) using 7 pulses in 0.03 s, i.e. with an average dose rate of 500 Gy/s. Only grade 1 cutaneous side effects were observed at 7 and 30 days post treatment.





# CLINICAL TRANSLATION OF FLASH-RT CHUV'S PRAGMATIC APPROACH USING LINACS OF 5-12 MEV

## Superficial tumors Intra-operative FLASH-RT











1c:5 months





1b:3 weeks





#### Radiotherapy and Oncology

journal homepage: www.thegreenjournal.com



Original Article

#### Treatment of a first patient with FLASH-radiotherapy

Jean Bourhis a.b.\*, Wendy Jeanneret Sozzi a, Patrik Gonçalves Jorge a.b.c, Olivier Gaide d, Claude Bailat c, Fréderic Duclos a, David Patin a, Mahmut Ozsahin a, François Bochud c, Jean-François Germond c, Raphaël Moeckli c, Marie-Catherine Vozenin a,b,1

\*Department of Radiation Oncology, Lausanne University Hospital and University of Lausanne; 1st Radiation Oncology Laboratory, Department of Radiation Oncology, Lausanne University Hospital and University of Lausanne; 5 Institute of Radiation Physics, Lausanne University Hospital and University of Lausanne; and 4 Department of Dermatology, Lausanne University Hospital and University of Lausanne, Switzerland

### 1 year post-RT

1a : Day 0



Previous zones treated with conventional RT







Radiotherapy and Oncology 174 (2022) 87-91



Contents lists available at Science Direct

#### Radiotherapy and Oncology

journal homepage: www.thegreenjournal.com



#### Short Communication

Comparison of ultra-high versus conventional dose rate radiotherapy in a patient with cutaneous lymphoma



Olivier Gaide <sup>a.1</sup>, Fernanda Herrera <sup>b.c.I</sup>, Wendy Jeanneret Sozzi <sup>c</sup>, Patrik Gonçalves Jorge <sup>b.d</sup>, Rémy Kinj <sup>c</sup>, Claude Bailat <sup>d</sup>, Fréderic Duclos <sup>c</sup>, François Bochud <sup>d</sup>, Jean-François Germond <sup>b.d</sup>, Maud Gondré <sup>d</sup>, Till Boelhen <sup>b.d</sup>, Luis Schiappacasse <sup>c</sup>, Mahmut Ozsahin <sup>b</sup>, Raphaël Moeckli <sup>d.1</sup>, Jean Bourhis <sup>b.c.\*, 1</sup>

\*Department of Derivatology, Lausanne University Hospital and University of Lausanne: \*Radiation Oncology Laboratory, Department of Radiation Oncology, Lausanne University Hospital and University of Lausanne; and \*Institute of Radiation Physics, Lausanne University Hospital and University of Lausanne; and \*Institute of Radiation Physics, Lausanne University Hospital and University of Lausanne, Switzerland

#### ARTICLE INFO

Artide history: Received 4 October 2021 Received in revised form 12 December 2021 Accepted 29 December 2021 Available online 5 January 2022

Keywords: FLASH-RF Normal skin protection Differential effect Clinical translation

#### ABSTRACT

A patient with a cutaneous lymphoma was treated on the same day for 2 distinct tumors using a 15 Gy single electron dose given in a dose rate of 0.08 Cy/second versus 166 Gy/second. Comparing the two treatments, there was no difference for acute reactions, late effects at 2 years and tumor control.

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#### JAMA Oncology | Original Investigation

### Proton FLASH Radiotherapy for the Treatment of Symptomatic Bone Metastases The FAST-01 Nonrandomized Trial

Anthony E. Mascia, PhD; Emily C. Daugherty, MD; Yongbin Zhang, MS; Eunsin Lee, PhD; Zhiyan Xiao, PhD; Mathieu Sertorio, PhD; Jennifer Woo, BSc; Lori R. Backus, BA; Julie M. McDonald, CCRP; Claire McCann, PhD; Kenneth Russell, MD; Lisa Levine, PhD; Ricky A. Sharma, MD, PhD; Dee Khuntia, MD; Jeffrey D. Bradley, MD; Charles B. Simone II, MD; John P. Perentesis, MD; John C. Breneman, MD

IMPORTANCE To our knowledge, there have been no clinical trials of ultra-high-dose-rate radiotherapy delivered at more than 40 Gy/sec, known as FLASH therapy, nor first-in-human use of proton FLASH.

OBJECTIVES To assess the clinical workflow feasibility and treatment-related toxic effects of FLASH and pain relief at the treatment sites.

conclusions and relevance in this nonrandomized trial, clinical workflow metrics, treatment efficacy, and safety data demonstrated that ultra-high-dose-rate proton FLASH radiotherapy was clinically feasible. The treatment efficacy and the profile of adverse events were comparable with those of standard-of-care radiotherapy. These findings support the further exploration of FLASH radiotherapy in patients with cancer.





## NEEDS FOR THE CLINICAL TRANSFER



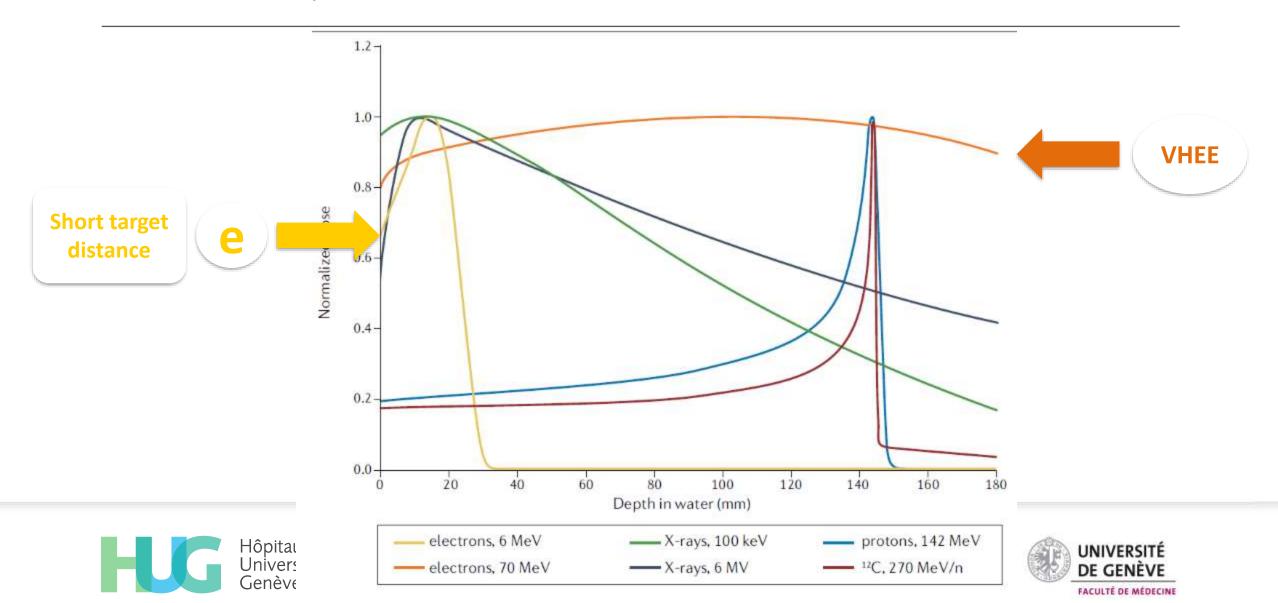


## **EXISTING TECHNOLOGY AND ITS LIMITATIONS**

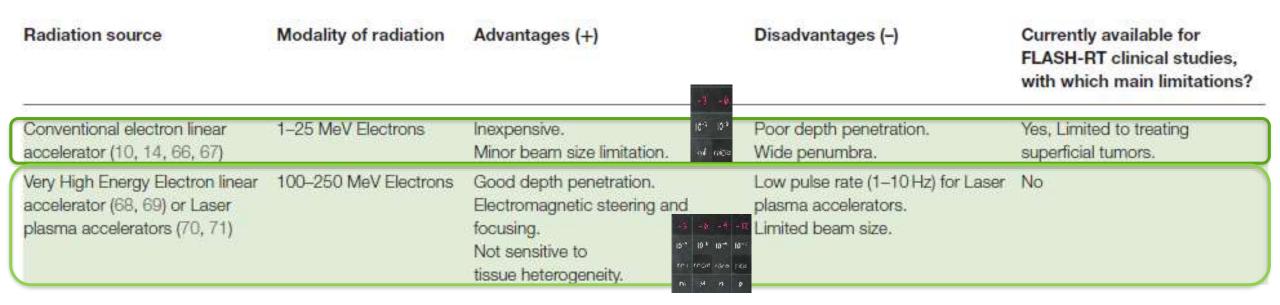




## PHYSICAL QUALITIES OF ELECTRONS



# DEVICES ABLE TO OPERATE AT ULTRA-HIGH DOSE RATE ELECTRONS

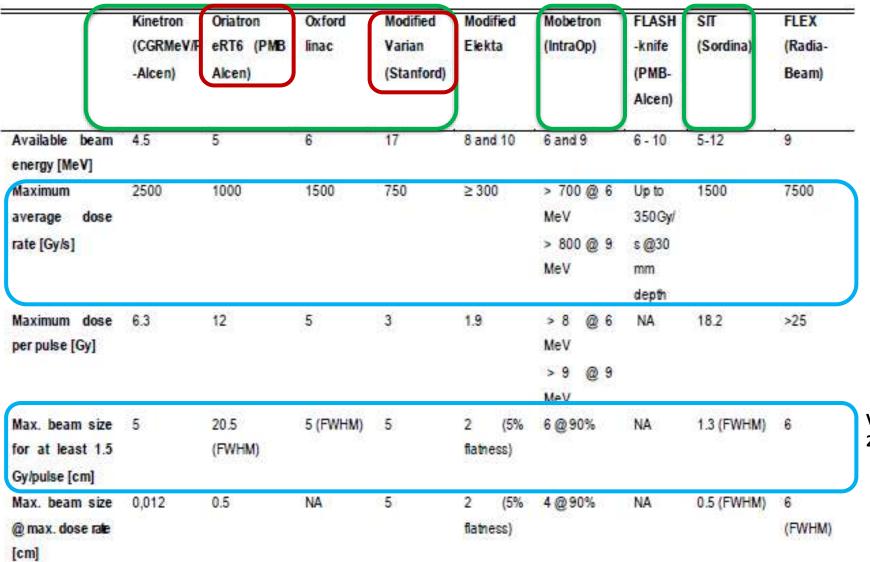


Wilson et al., Front in Oncol, 2020





# EXISTING LINACS FOR FLASH RT ELECTRONS OF INTERMEDIATE ENERGY



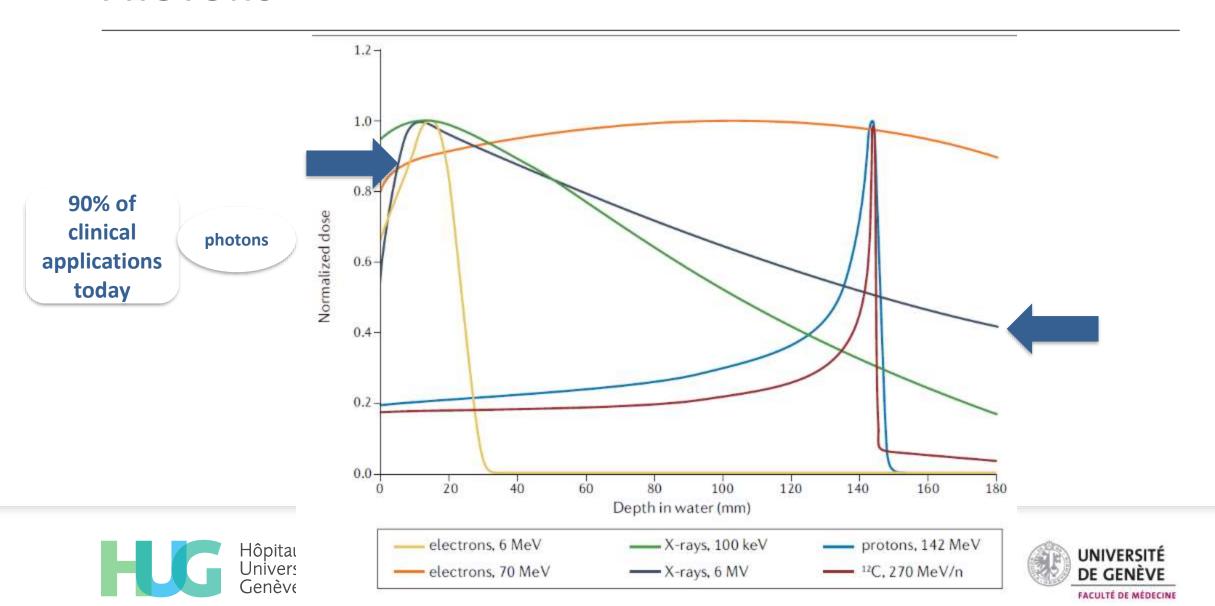
Flash effect validated

Biologically and dosimetrically intercompared

Vozenin et al., Reviews in Modern Physics, 2023



### **PHOTONS**



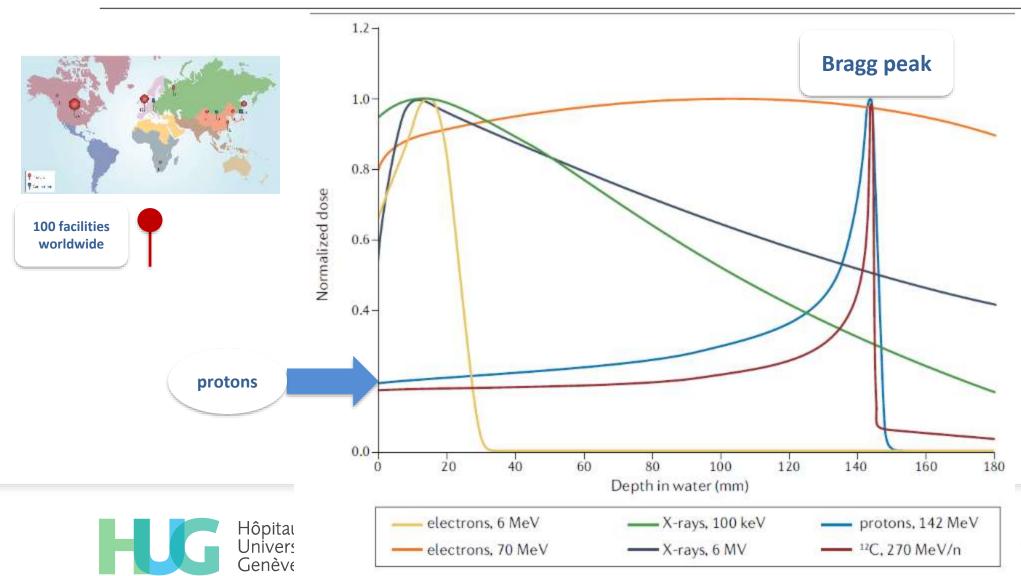
# DEVICES ABLE TO OPERATE AT ULTRA-HIGH DOSE RATE PHOTONS

Radiation source	Modality of radiation	Advantages (+)	Disadvantages (-)	Currently available for FLASH-RT clinical studies, with which main limitations?			
X-ray tube (72)  Synchrotron (24, 32)  Electron linear accelerator with high density target (20)	50–250 keV X-rays	Inexpensive. Compact design.	Very limited depth penetration. Limited beam size. High entrance dose.	Yes, Limited to treating small and very superficial tumors.			
	50–600 keV X-rays	Microbeam Radiation Therapy possible.	Very large. Very expensive. Limited depth penetration. Very limited availability. Limited beam size requires scanning of sample/target.	Yes, Very limited availability.			
	6–10 MV X-rays	Good depth penetration.  Narrow penumbra.  Minor beam size limitation.	Multiple beam angles required.	No			

Wilson et al., Front in Oncol, 2020

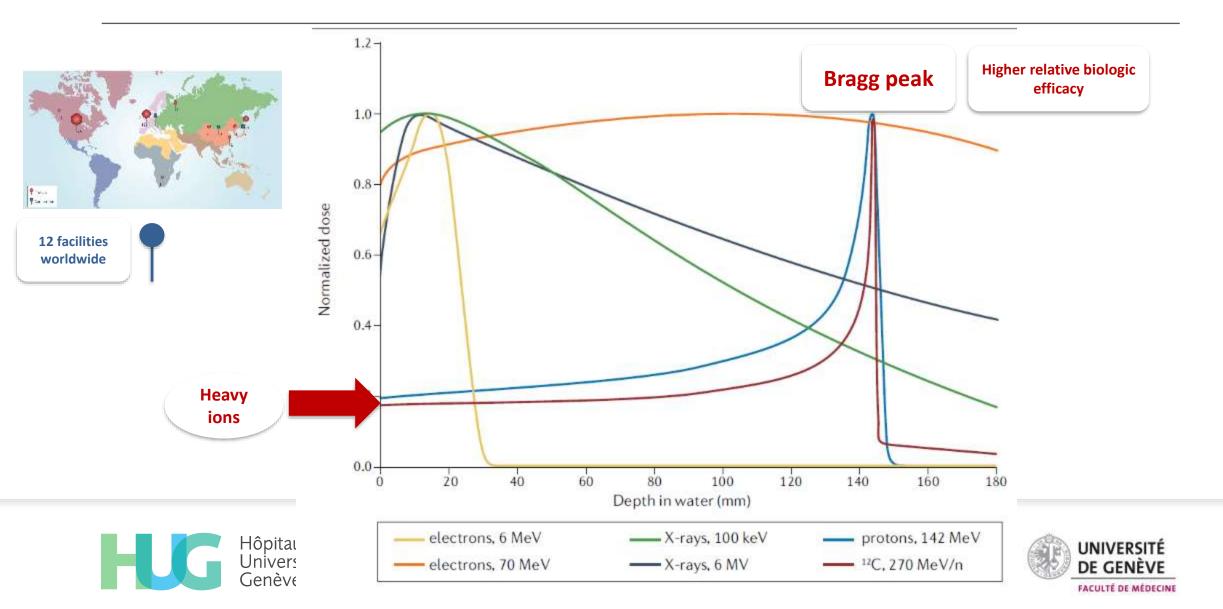








### **HEAVY IONS**



# DEVICES ABLE TO OPERATE AT ULTRA-HIGH DOSE RATE PROTONS

Radiation source	Modality of radiation	Advantages (+)	Disadvantages (-)	Currently available for FLASH-RT clinical studies, with which main limitations?		
Laser plasma accelerators (75)	1–45 MeV Protons	Compact design possible. Electromagnetic steering possible.  -3  10 <sup>-3</sup> mili	Poor depth penetration. Low pulse rate (1–10 Hz). Very sensitive to tissue. heterogeneity. Higher LET in Bragg peak. Beam contamination. Stability issues. Limited beam size.			
Cyclotrons, synchrotrons or Synchrocyclotron (11, 76)	100–250 MeV Protons	Good depth penetration. Electromagnetic steering possible. Limited dose-bath. Electromagnetic steering.	Large expensive sources.  Sensitive to tissue heterogeneity.  Higher LET in Bragg peak.  Beam scanning or scattering required to cover target volumes	Yes, FLASH effect might be lost with beam scanning and/or higher LET.		

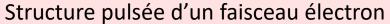
Wilson et al., Front in Oncol, 2020



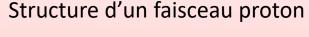


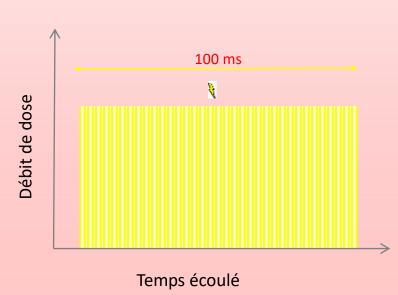
### **TECHNOLOGY**

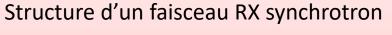


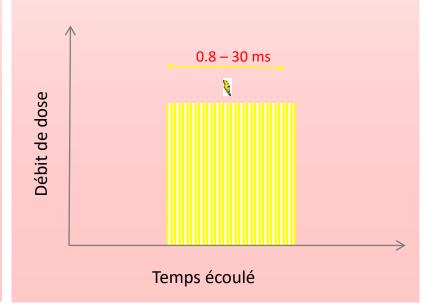








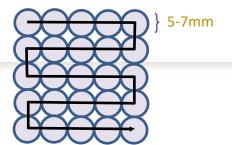




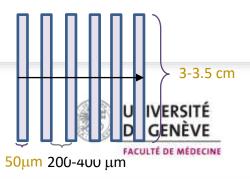
- ❖ 1 10 pulses
- ❖ Microstructure: 5000 bunches
- Pulse repetition frequency 10-250Hz



- ❖ 1 pulse
- ❖ Microstructure: 10<sup>7</sup> bunches
- ❖ Spot scanning (@1000Hz)



- ❖ 1 pulse = 1 stripe
- ❖ Microstructure: 10<sup>7</sup> bunches
- Stripe scanning (60mm/s)



# ALL IRRADIATION THAT IS ULTRA-HIGH DOSE RATE IS NOT NECESSARILY FLASH

### The FLASH effect is a biological effect

### Importance of the parametric characterization of the FLASH effect

RADIATION RESEARCH 194, 000–000 (2020) 0033-7587/20 \$15.00 ©2020 by Radiation Research Society. All rights of reproduction in any form reserved. DOI: 10.1667/RADE-20-00141.1

#### AN INTRODUCTION LETTER

All Irradiations that are Ultra-High Dose Rate may not be FLASH: The Critical Importance of Beam Parameter Characterization and *In Vivo*Validation of the FLASH Effect

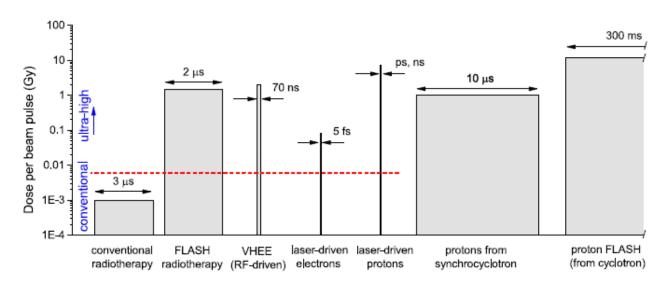
Marie-Catherine Vozenin, Pierre Montay-Gruel, A. Charles Limoli, 4 and Jean-François Germond

<sup>a</sup> Laboratory of Radiation Oncology, Department of Radiation Oncology, Lausanne University Hospital and University of Lausanne, Lausanne, Switzerland; <sup>b</sup> Department of Radiation Oncology, University of California Irvine, Irvine, California; and <sup>c</sup> Institute of Radiation Physics/CHUV, Lausanne University Hospital, Lausanne, Switzerland





## PHYSICAL PARAMETERS REQUIRED TO PRODUCE THE FLASH **EFFECT**



- FLASH effect with proton, electron, photon beams
- FLASH effect in milliseconds to microseconds range
- FLASH effect at 100 to 10<sup>7</sup> Gy/s

## => Suggest that the relevant metric is the average dose rate



The European Joint Research Project UHDpulse - Metrology for advanced redintherapy using particle besons with altra-high pulse dose rates

Financeon Bussian \*\*, Press Feter | Maria Tractant | Gelesis First. | Fadiot Exame \*\*. March Carnessa | Salesial Satradas | Salesis Bussid | Andreas Schoolstid | Makesin McCross Sign Payothe ". Marco Burghosi". Kulf Peter Kunch ". Adrian Egyzinh". Alberto Bossi Occupio Olimpora ". Christian Korder", Daniela Poppinas ", Ira Andreiseo.





## **METROLOGY: DOSIMETRY-TPS-RADIOPROTECTION**





# FLASH DOSIMETRY IS CHALLENGING REGARDLESS OF IRRADIATION SOURCE

Radiochromic films: most commonly used Independent to dose rate + high spatial resolution but measure the dose after exposition

Real-time, online dose monitoring essential for clinical RT: ionization chambers but: saturation and reduced ion collection efficiency at high dose rates

Ideal FLASH dosimetry: high time resolution + wide dynamic range to monitor doses and dose rates

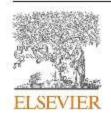
Vozenin MC et al, Nature 2022





### A NEED TO GET ACCESS TO METROLOGY FOR UHDR RT

Physica Medica 80 (2020) 134-150



Contents lists available at ScienceDirect

### Physica Medica

journal homepage: www.elsevier.com/locate/ejmp



Original paper

The European Joint Research Project UHDpulse – Metrology for advanced radiotherapy using particle beams with ultra-high pulse dose rates

Andreas Schüller <sup>a, b</sup>, Sophie Heinrich <sup>b</sup>, Charles Fouillade <sup>b</sup>, Anna Subiel <sup>c</sup>, Ludovic De Marzi <sup>b, d</sup>, Francesco Romano <sup>e, c</sup>, Peter Peier <sup>f</sup>, Maria Trachsel <sup>f</sup>, Celeste Fleta <sup>g</sup>, Rafael Kranzer <sup>b, f</sup>, Marco Caresana <sup>j</sup>, Samuel Salvador <sup>k</sup>, Simon Busold <sup>l</sup>, Andreas Schönfeld <sup>m</sup>, Malcolm McEwen <sup>n</sup>, Faustino Gomez <sup>o</sup>, Jaroslav Solc <sup>p</sup>, Claude Bailat <sup>q</sup>, Vladimir Linhart <sup>r</sup>, Jan Jakubek <sup>r</sup>, Jörg Pawelke <sup>s, l</sup>, Marco Borghesi <sup>n</sup>, Ralf-Peter Kapsch <sup>n</sup>, Adrian Knyziak <sup>v</sup>, Alberto Boso <sup>c</sup>, Veronika Olsovcova <sup>w</sup>, Christian Kottler <sup>f</sup>, Daniela Poppinga <sup>h</sup>, Iva Ambrozova <sup>x</sup>, Claus-Stefan Schmitzer <sup>y</sup>, Severine Rossomme <sup>n</sup>, Marie-Catherine Vozenin <sup>q</sup>





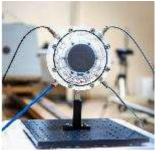
### **DOSIMETRIC OPTIONS: PRIMARY STANDARDS**

- Frickle dosimetry
- used in conventional electron beams independent of dose rate evaluation for UHDR ongoing
- Graphite calorimeter proton UHDR

NPL commissioning first portable calorimeter (SPGC)

GUM portable to be tested for UHDR electron aluminium calorimeter for UHDR electron





### **WP1**: Primary standards

- · Definition of reference conditions
- Reference radiation fields
- Adapting primary standards (calorimeter, Fricke dosimeter)
- Prototype graphite calorimeters for laser-driven beams





# DOSIMETRIC OPTIONS: SECONDARY STANDARDS AND RELATIVE DOSIMETRY

- Ionization chambers STANDARD FOR CONVENTIONAL international code of practice: plain parallel ionization chambers for measurement of absorbed dose -> challenging with UHDR
- Absolute dosimetry for FLASH électrons
  with chemical and passive dosimeters
  radiochromic films, alanine and thermo-luminescent dosimeters
  not dependent on dose rate
  but uncertainties 3%
  impossible direct reading
  REMAINS THE REFERENCE BUT IS RETROSPECTIVE
  NEED TO WORK ON MONITOR CHAMBERS FOR REAL-TIME
  DOSIMETRY
- Semiconductive detectors silicon and diamond standard for ptotons: higher sensitivity, good spatial resolution, compact

# WP2: Secondary standards, relative dosimetry

- Transfer from primary standards
- Characterizing established detector systems in UHPDR beams
- Formalism for reference dosimetry for future Code of Practice





### **BEAM MONITORING**

#### UHDR électrons

Ionization chambers saturate at UHDR

FOR UHDR: beam current transformers (BCT): AC Current Transformer (ACCT) or Integrating Current Transformer (ICT) Not classically used in the clinic

#### UHDR protons

Air-filled transmission ionization chambers= standard With FLASH RT, recombination losses

#### Stray radiation

Even more challenging: need for proper identification of field components

Key requirement: possibility to distinguish between particle types -> TimePix3 detector

### WP3: Detectors for primary beam

- Novel and custom-built active dosimetric systems
- · Beam monitoring systems

# WP4: Detectors and methods outside primary beam

- Active detection techniques for pulsed mixed radiation fields of stray radiation incl. pulsed neutrons
- · Methods with passive detectors

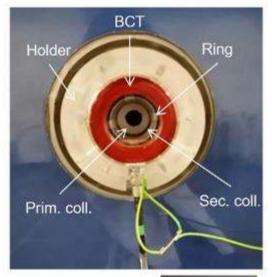


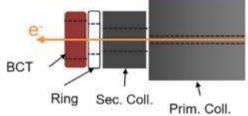


# TOWARDS THE DEVELOPMENT OF A MONITOR CHAMBER USING BEAM CURRENT TRANSFORMERS (BCT) OR ACCT

Mandatory for clinical application

Real-time monitoring system of FLASH irradiation accelerators: pilot, check and verify delivered doses











C Bailat R Moeckli P Jorge Goncalves

Technical note; Validation of an ultrahigh dose rate pulsed electron beam monitoring system using a current transformer for FLASH preclinical studies

Petrik Gonçalves Jorge | Veliko Grif | Jean Bourtes | Marie-Catherine Vazzerin | Jean-François Germond | François Bochud | Claude Ballat | Raphaël Mocckil |





### THE UHD PULSE PROJECT -> COMPLETED

#### **WP1**: Primary standards

- · Definition of reference conditions
- · Reference radiation fields
- Adapting primary standards (calorimeter, Fricke dosimeter)
- Prototype graphite calorimeters for laser-driven beams

## WP2: Secondary standards, relative dosimetry

- · Transfer from primary standards
- Characterizing established detector systems in UHPDR beams
- Formalism for reference dosimetry for future Code of Practice



# WP4: Detectors and methods outside primary beam

- Active detection techniques for pulsed mixed radiation fields of stray radiation incl. pulsed neutrons
- · Methods with passive detectors

### WP3: Detectors for primary beam

- Novel and custom-built active dosimetric systems
- Beam monitoring systems

- UHD (Andreas Schüller)
   Induction and diamond chambers
- NPL UK: Anna Subiel
   Minicalorimeters: absolute
   dose measurements
- CHUV: Claude Baillat/ Maud Jaccard passive dosimetry

Pour protons: Faraday-cup





### RADIATION PROTECTION AT UHDR

### Current regulatory framework

annual doses received by personnel= restricted- established at international and national level

#### For UHDR

Standard radiation protection instruments not designed to measure pulsed beams designed in nuclear power plants they accumulate the signal during seconds but operate well in the microsec frame? Sensitive enough?

Instruments for radiodiagnostics might be better suited

Passive dosimeters require the delivery of large, absorbed dose in a large water tank

### For clinical operations

total dose delivery not expected to differ between conventional and FLASH RT

More deeply penetrating electrons will require **neutron dosimetry** 

Vozenin MC et al, RMP 2023





### TPS FOR FLASH?

A need to create a FLASH dedicated TPS

Currently, Monte Carlo is used, but this does not integrate time of RT delivery





# IMPLICATIONS OF RADIOBIOLOGICAL MECHANISMS ON CLINICAL TRANSFER





## **FRACTIONATION**





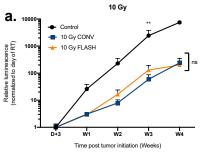


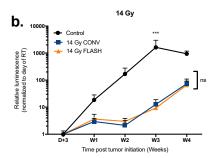


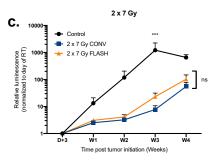
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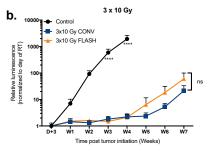
it P Montay-Gruel

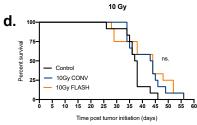
## IMPACT OF DOSE, FRACTIONATION AND INTERVAL

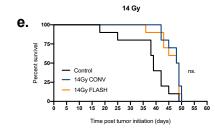


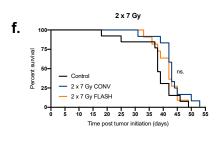


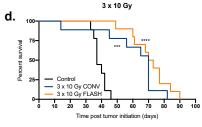


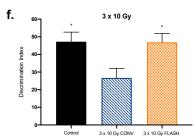






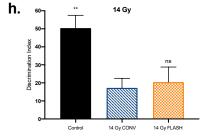


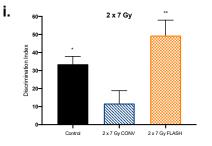




FLASH dose delivered in 1 pulse (1.8 micros)

9. 60 10 Gy



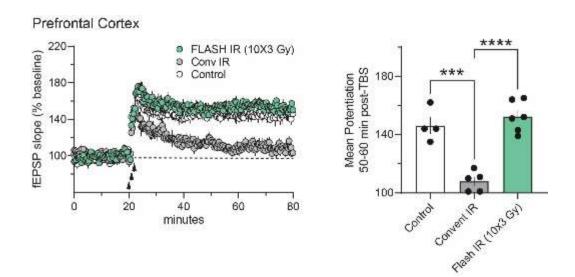


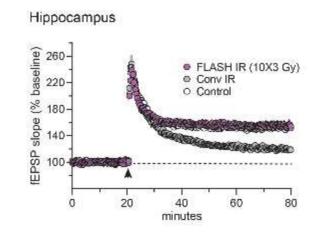
Montay-Gruel et al, CCR, 2020

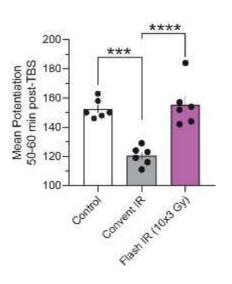




# STANDARD FRACTIONATION REGIMEN 10X3GY SPARES NORMAL BRAIN FUNCTION







## => Suggest that standard fractionation is feasible

Limoli et al, RO, 2023





## IMPACT OF DOSE AND VOLUME





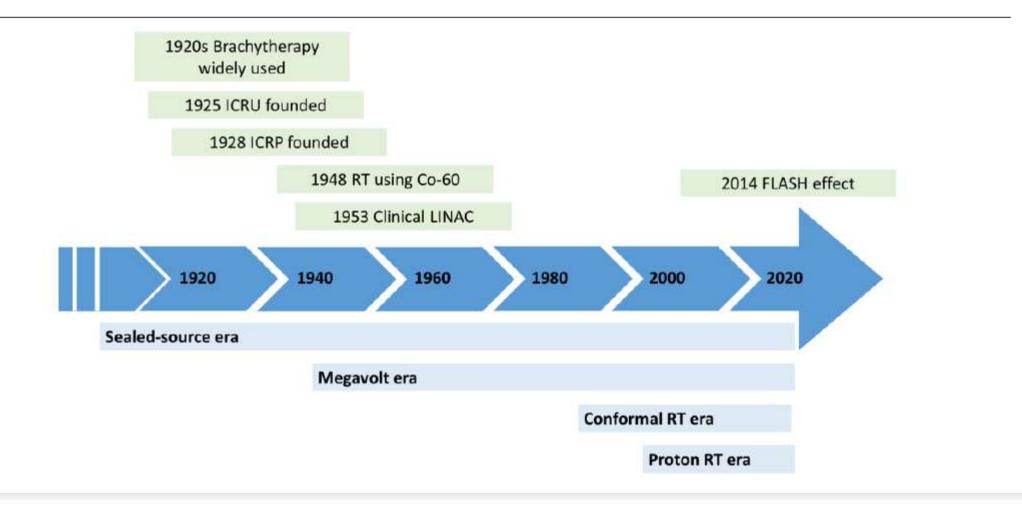


## **CONFORMALITY**





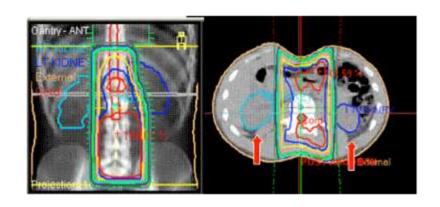
# A NEED TO BRING FLASH RT TO THE SAME LEVEL OF TECHNOLOGICAL INNOVATION AS CONVENTIONAL

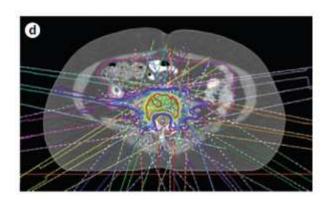


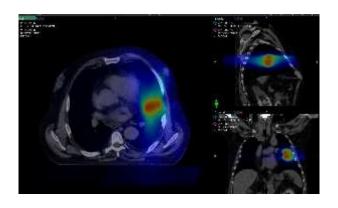


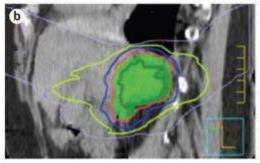


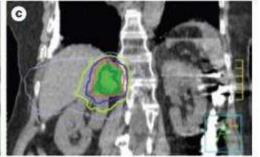
# WITH FLASH RT, FROM A CONFORMALITY POINT OF VIEW, WE ARE NOT EVEN IN THE 3D ERA









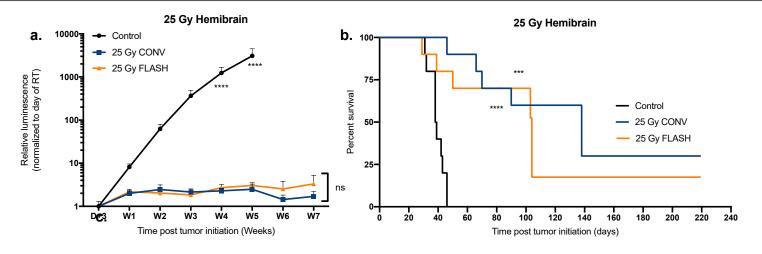


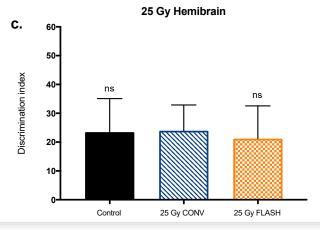
Salama, J. K. et al. Nat. Rev. Clin. Oncol. 9, 654-665 (2012)





### **CONFORMALITY**









### UNMET NEEDS IN MODERN RT

Oncological outcome:
Local control/overall
survival/organ
preservation

Access to care

Quality of life:
Normal tissue
tolerance/ RT burden RT
as less invasive ablation

Radioresistant tumors -> dose escalation

Availability of compact equipment

Quality of life: normal tissue tolerance-> after dose escalation

Tumor burden and tolerance of big Rt volumes

Workload of equipment

Quality of life: normal tissue tolerance-> at actual standard doses

Organ preservation -> dose escalation

Access to innovation

Quality of life: longterm toxicity of young survivors





## RESOLVED QUESTIONS IN FLASH RT



#### Flash effect

Flash technology

Flash clinical transfer

Protects normal tissues by 30-40%

Flash can be produced with all RT modalities

Clinical studies in animal patients

Kills tumors at least as well as conventional RT

Observed at dose rates >40/100 Gy/s

First-in-human

Observed with any fractionation

Total irradiation time <500 msec

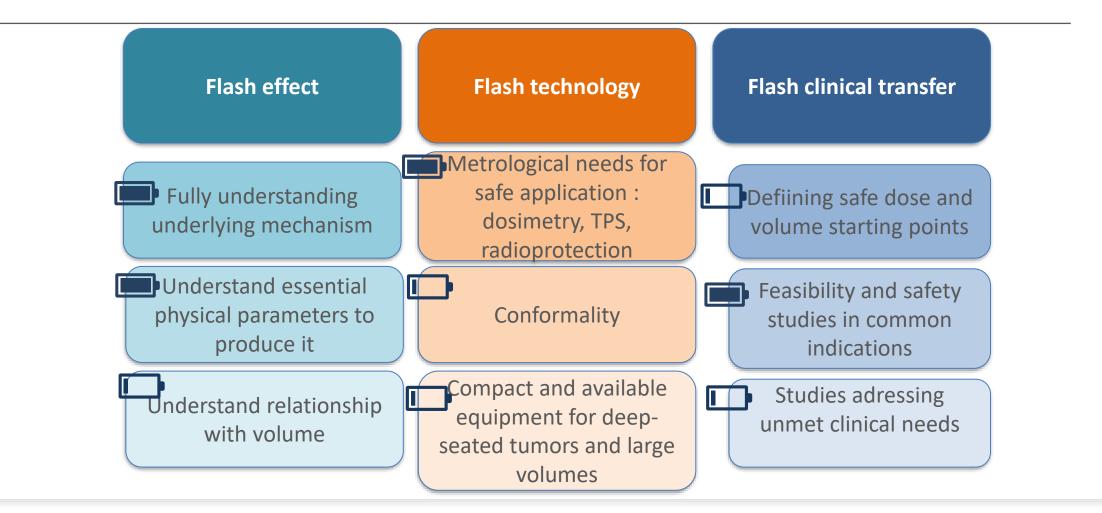
First feasibility study in 10 patients

Observed in many species and all tissues





### OPEN QUESTIONS AND UNMET NEEDS IN FLASH RT







# WHICH OF THE UNMET NEEDS IN MODERN RT COULD THEORITICALLY BE ADRESSED WITH FLASH RT

Oncological outcome:
Local control/overall
survival/organ
preservation

Access to care

Quality of life:
Normal tissue
tolerance/ RT burden RT
as less invasive ablation

- Radioresistant tumors -> dose escalation
- Availability of compact equipment
- Quality of life: normal tissue tolerance-> after dose escalation

- ? Tumor burden and tolerance of big RT volumes
- Workload of equipment
- Quality of life: normal tissue tolerance-> at actual standard doses

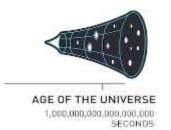
Organ preservation -> dose escalation

- Access to innovation
- Quality of life: longterm toxicity of young survivors

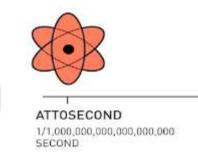




exponent	IZ	9	6	3	2	1	0	-1	- 2	-3	-6	-9	- 12
6xpo	1012	109	106	103	10 <sup>2</sup>	101	100=1	10-1	10 <sup>-z</sup>	10-3	10-6	10-9	10-12
pvefix	teva	giga	mega	Kilo	hecto	deca	BASE	deci	centi	mili	micro	nano	pico
	T	G	M	K	h	da		d	С	m	м	n	р



HEARTBEAT 1 SECOND pFlash
eFlash
VHEE



-18

DJohan Jarnestad/The Royal Swedish Academy of Sciences



Pierre Agostini, Ferenc Krausz, Anne L'Huillier. Electron in pulses of lights in the attoseconds' time scale





# FLASH «dream» team moved @ HUG WINIVERSITÉ DE GENÈVE





#### **Biology team**

R Leavitt

A Almeida

B Petit

J Ollivier

C Romero

C Godfroid

A Martinotti J Franco-Perez

P Ballesteros-Zebadua

J Jansen



P Tsoutsou

A Durham

**N** Koutsouvelis

Pedro Romero team (Immunology)

**Genrich Tolstonog team (H&Neck)** 









**Charles Limoli and Team** 

M Acharya

P Montay-Gruel

J Baulch

**B** Allen

Y Alaghband

**Peter Maxim** 



**Billy Loo and Team Richard Frock and team** 



**Doug Spitz and team** 







krebsforschung schweiz recherche suisse contre le cancer ricerca svizzera contro il cancro swiss cancer research